

YOUTH SPORTS

CHARACTER FIRST, COMPETITION SECOND

The youth sports program at the Y has four goals regardless of the skill level of the child: skill improvement, knowledge growth, character development & most importantly FUN! An instructional program focused on giving children an equal opportunity to improve game fundamentals, game knowledge, sportsmanship, teamwork & appropriate competition. Levels may be combined or divided based on enrollment.

YOUTH BASKETBALL LEAGUE

Late March - Early May

The Youth Basketball league will give your child the opportunity to develop tactics and fundamentals through coaching and games. Come join the fun! Practices are held during the week, with games on Saturdays for Sophomores, Juniors, and Seniors.

Mites and Mighty Mites will meet on Friday evenings for an instructional practice and Saturday mornings for a scrimmage. The goal is to provide children with the proper fundamentals and techniques to grow as basketball players. All participants receive a t-shirt

REGISTRATION INFORMATION

Registration: January 6 - March 1, 2020
Practice: **George Bray Neighborhood Branch**
Games: **Sealed Air Branch**

COED DIVISION

Mites Pre K - Kindergarten
Mighty Mites 1st grade - 2nd grade
Sophomores 3rd grade - 4th grade
Juniors 5th grade - 6th grade
Seniors 7th grade - 8th grade
\$50 Member/\$70 General Public



YOUTH INDOOR SOCCER LEAGUE (Ages 4-13)

January 25 - March 20

A fun, exciting way to spend time making new friends while learning the basic fundamentals of soccer. Participants will receive team shirts.

REGISTRATION INFORMATION

Registration begins: January 6
Must be done in person at the Sealed Air Branch.
Practice: **George Bray Neighborhood Branch**
Games: **Sealed Air Branch**

COED DIVISIONS

Mites Pre K - Kindergarten
Mighty Mites 1st grade - 2nd grade
Sophomores 3rd grade - 4th grade
Juniors 5th grade - 6th grade
Seniors 7th grade - 8th grade
\$50 Member/\$70 General Public



BEGINNER CHEER CLINIC

Join High School Cheerleaders and learn the fundamentals of sideline cheerleading. Participants will learn multiple cheers and perform them at one of our Youth Basketball games.

YOUTH INSTRUCTIONAL BASKETBALL

This class is for boys and girls of all skill levels and will teach good sportsmanship, teamwork and the fundamentals of basketball. Class meets once a week in the evenings Sealed Air branch.

Sealed Air Branch

Beginner Ages 4-6 years
Tuesday 6:00pm-6:45pm
Intermediate Ages 7-9 years
Tuesday 7:00pm-7:45pm
Spring 1: \$40 Member/\$65 General Public (8 wks)

SPORTS OF ALL SORTS (Ages 5 & up)

Unsure of what sport your child MIGHT like? This class is designed as a sampler of all League opportunities the YMCA has to offer. Your child will experience Soccer, Basketball, Swimming, and Football taught by league specific staff.

Sealed Air Branch: Tuesdays, 5:00pm - 5:45pm
Winter: \$40 Member/\$55 General Public (7 wks)
Spring 2: \$40 Member/\$55 General Public (7 wks)

Sealed Air Branch Monday-Thursday 1:00pm-2:30pm

Performance at 12pm the Saturday after break.

Spring Break: \$35 Member/ \$50 General public

George Bray Neighborhood Branch

Adult Basketball

Monday - Thursday, 11:00-1:00pm

Youth Open Gym and Homework Assistance

Elementary School

Monday & Wednesday, 4:00-6:00pm

Middle School

Tuesdays & Thursday, 4:00-6:00pm