

YOUTH SPORTS

CHARACTER FIRST, COMPETITION SECOND

The youth sports program at the Y has four goals regardless of the skill level of each child: skill improvement, knowledge growth, character development & most importantly FUN! An instructional program focused on giving children an equal opportunity to improve game fundamentals, game knowledge, sportsmanship, teamwork & appropriate competition. Levels may be combined or divided based on enrollment.

YOUTH BASKETBALL LEAGUE

The Youth Basketball league will give your child the opportunity to develop tactics and fundamentals through coaching and games. Come join the fun! Practices are held during the week, with games on Saturdays for Sophomores, juniors, and Seniors.

Mites and Mighty Mites will meet on Friday evenings for an instructional practice and Saturday mornings for a scrimmage. Our goal is to provide children with the proper fundamentals and techniques to grow as a basketball player.

REGISTRATION INFORMATION

Registration begins: August 5th
Registration ends: September 4th
Season runs: September 23rd - November 16th
Practice: **George Bray or Sealed Air**
Games: **Sealed Air**

NEW LEAGUE DIVISIONS- please use the grade level you will be entering in 2019/2020.

COED DIVISIONS

Mites(PreK-Kindergarten)
Mighty Mites(1st-2nd Grade)
Sophomores(3rd-4th Grade)
Juniors(5th-6th Grade)
Seniors(7th-8th Grade)
\$50 Member/\$70 General Public

YOUTH INSTRUCTIONAL BASKETBALL

This class teaches children of all skill levels the fundamentals, and more, of basketball including sportsmanship and teamwork. Class meets once a week in the evenings at our Sealed Air branch.

Sealed Air

Beginner Ages 4-7 years
Tuesday 6:00pm-6:45pm
Intermediate Ages 8-12 years
Tuesday 7:00pm-7:45pm

Fall 1 & 2: \$40 Member/\$56 General Public



PLAYGROUND GAMES (Ages 5-12)

This class is for boys and girls to have fun and develop their muscles as they are moving around playing various sports & games. Parents are encouraged to participate with their child.

Sealed Air Branch: Tuesday, 5:00pm - 5:45pm
Fall 1: \$45 Member/\$65 General Public

SPORTS OF ALL SORTS (Ages 5- and up)

Unsure of what sport your child would like to further their development in? This class is for you. Sports of all Sorts focuses on all the League opportunities the YMCA has to offer. Your child will experience Soccer, Basketball, Swimming, and Football taught by league specific staff.

Sealed Air Branch: Tuesday, 5:00pm - 5:45pm
Fall 2: \$45 Member/\$65 General Public

DODGEBALL (Pre K - 8th Grade)

December 1st - December 22nd

Come one come all to join our fun dodge ball league for kids ages PreK-8th grade. Teams will be developed based on the grade level you are entering. Games will be played on Sundays. No practices; we will develop skills over the course of the league.

REGISTRATION INFORMATION

Registration: October 21st - November 15th
\$30 Member/\$50 General Public

YOUTH INDOOR SOCCER LEAGUE

January 2020 - March 2020

A fun, exciting way to spend time making new friends while learning the basic fundamentals of soccer. Fee includes T-Shirt. Watch for details in Winter/Spring Brochure.



QUESTIONS?

Contact Sports Department
262.898.4751