

ADULT AND SPECIALTY SPORTS

ADULT DODGEBALL

Get your team together it is time for adult dodgeball. This fast-paced heart-pounding active game will bring everyone back to their childhood as they throw, jump, swerve, and catch. Teams are made up of 10 people 6 on the court and up to 4 subs; this is a coed league.

REGISTRATION:

Open Now

GAMES: GEORGE BRAY NEIGHBORHOOD BRANCH

Thursdays 6:30pm, 7:30pm & 8:30pm

Season runs January 10th-March 14th

COST: \$175/per team

ADULT BASKETBALL LEAGUE

Get your game on! Get a team together or join as an individual and bring your skill to the court! Eight-week season plus playoffs. Fee includes: two referees, stats and score keeper, trophy for the winning team and standings posted every week!

REGISTRATION:

Deadline to Register: April 23, 2019

GAMES: LOCATION TBD

Sundays 1:00pm - 5:00pm

Season runs April 30 - June 9

DIVISIONS

35 and Up Men's League

COST: \$350



2019 LIGHTHOUSE RUN SATURDAY, JUNE 15th

During its 40 year history, the Lighthouse Run, presented by Educators Credit Union, The Journal Times and the RACINE FAMILY Y, has evolved into one of the premier run/walks in the state of Wisconsin.



That tradition continues in with the **Image Management** 10 Mile Run, **Twin Disc** 4 Mile Run, the **Modine** 4 & 2 Mile Fun Run/Walk, **Cree** Mascot Challenge and **Land Mark Credit Union** Kids Power Race.

Offering both competitive and non-competitive events, Lighthouse Run serves as the official kickoff to summer fitness awareness.

REGISTER AT: [lighthouse.run.com](http://lighthouse.run)

TAE KWON DO

Tae Kwon Do provides an excellent workout that offers discipline for the mind and body. Our progressive program teaches proper techniques, self-defense awareness, and practical application. Ages 5 and up.

Sealed Air Branch

Monday & Wednesday, 7:00pm - 8:30pm

Lakefront Branch

Tuesday & Thursday, 5:30pm - 7:00pm

Winter/Spring 2: \$72 Members/\$110 General Public (7 wks)

Each additional Family member

\$46 Member/\$70 General Public

Spring 1: \$82 Members/\$125 General Public (8 wks)

Each additional Family member

\$53 Member/\$80 General Public

JUDO & JUJITSU

Leland Roth, our lead instructor, brings 30 years of teaching experience. Beginning students learn the fundamentals of Olympic style Judo and Jujitsu. This includes learning how to fall, throw, pin and Jujitsu (self-defense) techniques. Continuing students can learn advanced Judo and Jujitsu techniques.

Sealed Air Branch

Ages 7 and up

Tuesday & Thursday

Beginner, 6:30pm - 7:00pm

Intermediate, 7:00pm - 8:00pm

Advanced, 7:00pm - 8:30pm

Winter/Spring 2: \$60 Members/\$80 General Public (7 wks)

Each additional Family member

\$30 Member/\$40 General Public

Spring 1: \$69 Members/\$91 General Public (8 wks)

Each additional Family member

\$34 Member/\$46 General Public

BALLROOM DANCING



Join Jeanne Ferraro for an action packed, foot stomping great time as she teaches you several dances. Fox-Trot, Waltz, Cha-Cha, Line Dancing, and more will be explored during this six week class. Sign up as an individual or couple.



Registration:

January 4 - February 22

Class Held:

Wednesdays March 6- April 10

Sealed Air Branch

\$65 individual/ \$110 couple