YOUTH/ADULT SPORTS CHARACTER FIRST, COMPETITION SECOND

The youth sports program at the Y has four goals regardless of the skill level of each child: skill improvement, knowledge growth, character development and most importantly FUN! An instructional program focused on giving children an equal opportunity to improve game fundamentals, game knowledge, sportsmanship, teamwork and appropriate competition. Levels may be combined or divided based on enrollment.

YOUTH BASKETBALL LEAGUE

The Youth Basketball league will give your child the opportunity to develop tactics and fundamentals through coaching and game play. Games are held Saturdays for **Sophomore, Junior and Senior** divisions. Come join the fun! All athletes will receive a team t-shirt.

Mites and Mighty Mites will meet on Sunday evenings for an instructional practice followed by a game. Participants will receive the same color shirts and scrimmages will be played round robin style every week. Our goal is to provide children the proper fundamentals and techniques to grow as basketball players and teammates.

Fall league starts November 5/6 and runs through December 17/18. No games the weekend after Thanksgiving.

PROGRAM INFORMATION

Season: November 5/6-December 17/18 Registration: September 1-November 1 Days: Sunday Games: Mount Pleasant Branch Fees: \$60 Member/\$80 General Public

COED DIVISION

Mites: Pre-Kindergarten - Kindergarten Mighty Mites: 1st and 2nd Grade Sophomores: 3rd and 4th Grade Juniors: 5th and 6th Grade Seniors: 7th and 8th Grade

INSTRUCTIONAL BASKETBALL CLASS

Our talented Sports and Rec staff are ready to improve and develop your child's basketball skills. Our class incorporates fundamental skills, sportsmanship, and team work.

PROGRAM INFORMATION

Session: October 11– November 8 Registration: September 1-November 1 Days: Tuesday evenings Ages 4-7: 600-6:45 pm Ages 8-12: 7:00-7:45 pm Location: Mount Pleasant Branch Fees: \$60 Member/\$80 General Public

Register by September 1-15 and SAVE \$5.00! Visit <u>ymcaracine.org</u> to register on September 1st.

YOUTH OUTDOOR FLAG FOOTBALL LEAGUE

September 11-October 23, 2022

The YMCA Flag Football League is designed to introduce boys and girls to the fundamental elements of football in a fun, instructional and safe environment. From the moment your child steps on the field, our program is designed to assist each player with the advancement of their individual skill level and football knowledge while enhancing their level of play in a fun and structured environment.

Season: September 11-October 23 Registration: August 1-31

Days: Sundays Games: Mount Pleasant Branch Fees: \$60 Member/\$80 General Public

COED DIVISIONS & SUNDAY GAME TIMES

Mites: Pre-Kindergarten - Kindergarten (8:00-9:00 am) Mighty Mites: 1st and 2nd Grade (9:00-11:45 am) Sophomores: 3rd and 4th Grade (11:45 am-1:00 pm) Juniors: 5th and 6th Grade (After 12 Noon until 3:00 pm) Seniors: 7th and 8th Grade (After 12 Noon until 3:00 pm)

Register by August 1-15 and SAVE \$5.00! Visit <u>ymcaracine.org</u> to register.



Please note: Athletes may be required to wear masks while playing, spectators may be limited and league format may be adapted based on changing COVID-19 restrictions at the local, state and national levels. QUESTIONS? Contact Ryan Thompson 262.898.4751 rthompson@ymcaracine.org

MORE YOUTH/ADULT SPORTS

TAE KWON DO

Tae Kwon Do provides an excellent workout that offers discipline for the mind and body. This progressive program teaches proper techniques, self-defense awareness and practical application. For ages 5 and up.

Location: Mount Pleasant Branch

Days: Monday and Wednesday Times: 7:00-8:30pm Monthly Fee: \$50 Members/\$75 General Public Each additional family member: Monthly Fee: \$30 Member/\$45 General Public Fees will be automatically drafted on the same date every month.

JUDO & JUJITSU

Ages 7 and up. Leland Roth, our lead instructor, brings 30 years of teaching experience. Beginning students learn the fundamentals of Olympic style Judo and Jujitsu. This includes learning how to fall, throw, pin and Jujitsu (self-defence) techniques.

Continuing students can learn advanced Judo and Jujitsu techniques.

Location: Mount Pleasant Branch

Days: Tuesday and Thursday Beginner: 7:00-8:30pm Intermediate/Advanced: 7:00-8:00pm Monthly Fee: \$40 Members/\$55 General Public Each additional family member: Monthly Fee: \$22 Member/\$30 General Public Fees will be automatically drafted on the same date every month.

ADULT CO-ED VOLLEYBALL LEAGUE

Are you ready to relieve some stress and expend some energy? Join the YMCA for our recreationally Competitive **Thursday night** league! The team with the best record will receive a team trophy.

Season: October 6-November 17 Registration: August 30-September 19 Days: Thursdays Games: Mount Pleasant Branch Fees: \$275 per team





Y members and the community can rent our wonderful facilities!

Need a unique space to celebrate a birthday, family reunion, graduation or other special occasion or meeting?

The Racine Family YMCA offers family and group room rentals that provide the perfect venue for your gettogether. The Y is an energizing place for corporate meetings, training and social events. We offer a variety of rental spaces available to fit your event needs.

Rental spaces and services are available at our Mount Pleasant and George Bray Neighborhood YMCA branches at reasonable rates to meet your specific event needs. Each branch provides different facilities for hosting a variety of events, including church gatherings, meetings, training events.

Birthday Party reservations will open September 13th.



For more information about our rentals and exciting party packages, please visit our website at ymcaracine.org.

For space availability and additional details, call 262.634.1994 or email frontdesksa@ymcaracine.org.