

# YOUTH/ADULT SPORTS

## CHARACTER FIRST, COMPETITION SECOND

The youth sports program at the Y has four goals regardless of the skill level of the child: skill improvement, knowledge growth, character development and most importantly FUN! Our instructional program focused on giving children an equal opportunity to improve game fundamentals, game knowledge, sportsmanship, teamwork and appropriate competition. Levels may be combined or divided based on enrollment.

### YOUTH BASKETBALL LEAGUE

March 20<sup>th</sup> – May 8<sup>th</sup>

The Youth Basketball league will give your child the opportunity to develop skills and fundamentals through coaching and game play. Games are held on Saturdays for **Sophomore, Junior and Senior** divisions. Come join the fun! All athletes will receive a team t-shirt.

**Mites and Mighty Mites** will meet on Friday evenings for an instructional practice followed by a game. Participants will receive the same color shirts and scrimmages will be played round robin style every week. Our goal is to provide children with the proper fundamentals and techniques to grow as basketball players and team mates.

#### REGISTRATION INFORMATION

Registration: February 8<sup>th</sup> – March 6<sup>th</sup>

Games: **Sealed Air Branch**

#### COED DIVISION

**Mites** Pre K – Kindergarten

**Mighty Mites** 1<sup>st</sup> grade – 2<sup>nd</sup> grade

**Sophomores** 3<sup>rd</sup> grade – 4<sup>th</sup> grade

**Juniors** 5<sup>th</sup> grade – 6<sup>th</sup> grade

**Seniors** 7<sup>th</sup> grade – 8<sup>th</sup> grade

**\$60 Member/\$80 General Public**

**Early Bird Registration: February 8<sup>th</sup>-27<sup>th</sup> (Save \$5)**



### YOUTH INSTRUCTIONAL BASKETBALL

This class is for boys and girls of all skill levels and will teach good sportsmanship, teamwork and the fundamentals of basketball. Class meets once a week in the evenings Sealed Air Branch.

#### Sealed Air Branch

**Beginner** Ages 4-6 years

Tuesday 6:00pm-6:45pm

**Intermediate** Ages 7-9 years

Tuesday 7:00pm-7:45pm

**Winter: \$55 Member/\$70 General Public (7 wks)**

**Register by December 30<sup>th</sup> and save \$5**

### POP-UP CLASSES AND CAMPS

Happening throughout the year. Stay informed by following our Facebook page or signing up for our weekly YMCA newsletter. Some exciting pop-ups are volleyball camps, Pickleball tournament, Parent tot tumbling, running clubs and more.

### YOUTH INDOOR SOCCER LEAGUE

January 9<sup>th</sup> – February 20<sup>th</sup>

The Racine Family YMCA is excited to have Oscar Toscano and TJ Hearn bring their expertise, passion, and experience to our indoor soccer program. Oscar is a graduate of Horlick High School in Racine, WI where he was High School Soccer Player of the year, All-County and All-Conference. He continued playing at the collegiate level at UW Parkside where he led the team in assists and achieved All-Midwest. He still holds records in career points in career assists. Oscar has reffed youth, high school and at the collegiate level. He reached state level 6 certification. He has coached for over 30 years at the youth and amateur levels. He currently holds the following **licenses and diplomas**: USSF National E license, USSF National D license, USSF National C license and NSCAA National diploma.

**League format:** Soccer fundamental development followed by a game. Game durations vary by division. Each division will be rotated within their division weekly to promote play with different individuals each week.

#### REGISTRATION INFORMATION

Registration begins: December 1<sup>st</sup> – 28<sup>th</sup>

In-person registration at the Sealed Air Branch is required.

Games: **Sealed Air Branch**

#### COED DIVISIONS

**Mites** Pre K – Kindergarten

**Mighty Mites** 1<sup>st</sup> grade – 2<sup>nd</sup> grade

**Sophomores** 3<sup>rd</sup> grade – 4<sup>th</sup> grade

**Juniors** 5<sup>th</sup> grade – 6<sup>th</sup> grade

**Seniors** 7<sup>th</sup> grade – 8<sup>th</sup> grade

**\$120 Member/\$140 General Public**

**Early Bird Registration: December 1<sup>st</sup>-19<sup>th</sup> (Save \$5)**



### OUTDOOR KICKBALL LEAGUE – COMING IN MAY

Bring your children to our exciting new league!! This league promotes hand-eye coordination and team work, develops social skills and more while participants have fun working together. League runs May 22<sup>nd</sup>-June 26<sup>th</sup>

**Registration:** April 5<sup>th</sup>-May 8<sup>th</sup>

**Early Bird Registration: April 5<sup>th</sup>-April 24<sup>th</sup> (Save \$5)**

**\$55 Members/\$70 General Public**

**Athletes may be required to wear masks while playing, spectators may be limited and league format may change due to changing restrictions at the local, state and national levels.**

## MORE YOUTH/ADULT SPORTS

### FIRST TEE

First Tee is a program that sees golf as a metaphor for life—a game with unexpected challenges and ups and downs that help build strengths beyond the technical skills to play the game. Through introspective questions, interactive games, and immersive golf exercises, we design each lesson to help kids build a better understanding of themselves. We empower them to strengthen the traits used to succeed in everything they do. Research proves it works. First Tee knows that character is cultivated to enable kids to build the strength of character that empowers them through a lifetime of new challenges. Join our First Tee trained staff to experience it for yourself. Sealed Air Branch: Tuesdays, 6:00pm–7:00pm  
**Spring 1: \$55 Members/ \$ 70 General Public (8 weeks)**  
**Register by February 18<sup>th</sup> and save \$5**

### TAE KWON DO

Tae Kwon Do provides an excellent workout that offers discipline for the mind and body. Our progressive program teaches proper techniques, self-defense awareness, and practical application. Ages 5 and up.

#### Sealed Air Branch

Monday & Wednesday, 7:00pm–8:30pm

#### New for 2021: Recurring Monthly Fees

**Fees will automatically be drafted on the same date every month.**

**\$50 Members Monthly/\$75 General Public Monthly**

**Each additional Family member**

**\$30 Member Monthly/\$45 General Public Monthly**

### JUDO & JUJITSU

Leland Roth, our lead instructor, brings 30 years of teaching experience. Beginning students learn the fundamentals of Olympic style Judo and Jujitsu. This includes learning how to fall, throw, pin and Jujitsu (self-defense) techniques. Continuing students can learn advanced Judo and Jujitsu techniques.

#### Sealed Air Branch

Ages 7 and up

Tuesday & Thursday

**Beginner**, 6:30pm–7:00pm

**Intermediate/Advanced**, 7:00pm–8:00pm

#### New for 2021: Recurring Monthly Fees

**Fees will automatically be drafted on the same date every month.**

**\$40 Members Monthly/\$55 General Public Monthly**

**Each additional Family member**

**\$22 Member Monthly/\$30 General Public Monthly**

### ADULT CO-ED VOLLEYBALL LEAGUE

Are you ready to relieve some stress and expend some energy? Join the YMCA for our recreation competitive **Thursday night** league. The team with the best record will receive a team trophy. League begins February 18.

**Registration:** January 4<sup>th</sup>–February 6<sup>th</sup>

Early Bird Registration January 4<sup>th</sup>–22<sup>nd</sup> (Save \$25)

**FEE: \$275/team**

## 2021 LIGHTHOUSE RUN

### DATE TO BE DETERMINED

During its 42-year history, the Racine Family YMCA's Lighthouse Run, presented by Educators Credit Union and The Journal Times, has evolved into one of Wisconsin's premier run/walk events.



That tradition continues with the, **Image Management 10 Mile Run**, **Twin Disc 4 Mile Run**, the **Modine 4 & 2 Mile Fun Run/Walk**, **Cree Lighting Mascot Challenge** and **Land Mark Credit Union Kids Power Race**.

Offering competitive and non-competitive events, the Lighthouse Run serves as the official kickoff to summer fitness awareness.

**REGISTRATION: More information coming soon at [www.lighthouse-run.com](http://www.lighthouse-run.com) and social media**



## CELEBRATE WITH US

Y members and the community can rent our wonderful facilities!

**Need a unique space to celebrate a birthday, family reunion, graduation, other special occasion or meeting?**

The Racine Family YMCA offers family and group room rentals that provide the perfect venue for your get-together! The Y is an energizing place for corporate meetings, training and social events. We have a variety of rental spaces available to suit your event needs.

We offer a variety of rental spaces and services at our Sealed Air, Riverside and George Bray Neighborhood YMCA branches at reasonable rates to meet your specific event needs. Each branch provides different facilities for hosting a variety of events.

**Birthday Party reservations will open January 16<sup>th</sup> for the Sealed Air Branch and SC Johnson Community Aquatic Center.**

For more information about our rentals and exciting party packages, please visit our website at [ymcaracine.org](http://ymcaracine.org). For space availability and additional details, call 262.634.1994 or email [frontdesksa@ymcaracine.org](mailto:frontdesksa@ymcaracine.org).