

TABLE OF CONTENTS

COVID-19 UPDATE/MOTIONVIBE

MotionVibe App and Reservations	3
COVID-19 update	3
Membership Rates and Information.....	4
YMCA 360.....	5

YOUTH DEVELOPMENT

Aquatics	6
Education	9
Youth Sports	12
Adult and Specialty Sports.....	13
Parties.....	14
Youth and Family Enrichment.....	15

HEALTHY LIVING

Group Fitness Live and Virtual	16
Personal Training	17
Community Health.....	18

FACILITY HOURS

Day of Week	SEALED AIR BRANCH	RIVERSIDE BRANCH
Monday-Thursday	5:00am-8:00pm	5:00am-7:00pm
Friday	5:00am-8:00pm	5:00am-6:00pm
Saturday	6:00am-4:00pm	7:00am-12:00pm
Sunday	6:00am-2:00pm	8:00am-11:00am

HOLIDAY HOURS

Christmas Eve	December 24	CLOSE at 2:00pm
Christmas Day	December 25	CLOSED
New Year's Eve	December 31	CLOSED
New Year's Day	January 1	CLOSE at 2:00pm
Easter	April 17	CLOSED
Memorial Day	May 30	CLOSED



Program Registration

Racine Family YMCA members have first priority when it comes to programs that require registration.

Community Participants and Nationwide Y members registration is available online and in person.

Registration is available online (ymcaracine.org) and In person at our Welcome Desk. For assistance, contact our Welcome Desk team at 262.634.1994.

Benefits of Y Membership

- **NO contracts**
- **FULL FACILITY** | Pool, gym, cardio & strength equipment, indoor track, group fitness studios
- **DOWNTOWN** | Adult only: 16+ years only: cardio and strength equipment, group fitness studio
- **FREE Group Exercise Classes** | More than 100 group exercise classes included with membership
- **FREE Child Watch** | Drop-in childcare while you work out
- **FREE Drop-in** | Lap Swim, Adult Swim, Family Swim
- **FREE Drop-in Court Time** | Hoop Time, Pickleball
- **FREE Orientations** | Learn how to use the cardio and strength training equipment
- **YMCA 360** | The Y's digital library of hundreds of on-demand and live classes you can do anywhere, anytime
- **LES MILLS VIRTUAL STUDIO** | On-site Les Mills virtual classes
- **Parent Night Out** | Fun-filled activities for the kids, while you enjoy a night out
- **Personal Training Services** | Reduced rates
- **Program Perks** | Reduced program rates and early sign-up
- **Nationwide Membership** | Access to Ys throughout the US
- **FREE Member Guest Passes** | Three per household

MOTIONVIBE APP AND RESERVATIONS

MotionVibe is our user-friendly platform for scanning into the Y, making reservations and checking schedules. We introduced this system to maintain capacity and physical distancing guidelines.

RESERVATIONS CAN BE MADE FOR:

Child Watch and Prime Time

Court Times: Adult hoops, Family hoops, Pickleball and Group Fitness classes

Swimming Pool: Adult swim, Family swim, Lap swim and the Current channel

All gym schedules and other schedules can be found at www.ymcaracine.org/schedule.

STEPS TO CREATE AN ACCOUNT

1. Enter your First Name, Last Name, the barcode on the back of your membership card, and Customer ID.
2. Create a Username and Password
3. Enter your Birthdate, Email address and choose **Racine Family YMCA**
4. Choose the activity schedule you want and you will see the schedule for the week
5. You will get a reminder email 2 hours prior to your reserved time. If you cannot attend:

PLEASE UNRESERVE your time to allow others on the waitlist to attend as follows:

- Go to the top row menu and select the profile button with your name
- This will bring up your registered activities
- Click the "Unregister" button
- If you are on the waitlist, watch your email for notification that you have been moved into a spot

NOW AVAILABLE: MOTIONVIBE MOBILE APP

What does the MotionVibe mobile app do?

- Make your online reservations
- View up-to-date schedules
- Scan your barcode to scan into the Y
- Check-in for your reservation

TO DOWNLOAD THE MOTIONVIBE MOBILE APP:

1. On your phone, search for **Racine Family YMCA** in Apple Store or Google Play
2. Download and Open App
3. Allow notifications: This enables you to receive confirmation of your reservation, information about class or schedule changes and branch-related notifications
4. Enter your current MotionVibe username and password or sign up for an account



COVID-19 UPDATES

At the Racine Family YMCA, the health and wellbeing of our members, families and staff is our highest priority. We strictly adhere to the recommendations from our federal, state and local government agencies and the CDC to ensure we are providing the cleanest, safest facilities possible.

Please visit our website at ymcaracine.org and check social media and watch your email for periodic updates as we keep you informed.

MEMBERSHIP RATES AND INFORMATION

MEMBERSHIP RATES

Membership Rates	Monthly Rate
Adult:	\$49.50
2 Adult Household: 2 Adults	\$63.00
1 Adult Household + Kids: One Adult with children	\$63.00
2 Adult Household + Kids: Two Adults with children	\$76.50
3 Adult Household + Kids: Three Adults with children	\$89.00
Senior: Age 62+	\$44.50
2 Senior Household: 2 Adults, one must be 62+ yrs	\$58.00
Youth: Under 18	\$29.00
College: Full-time: Minimum of 12 credits	\$49.00
College: Gateway—Full-time: minimum of 12 credits	\$11.50
Joining Fee:	\$99.00

EFFECTIVE JANUARY 1, 2022

FAMILY SWIM

Visiting the pool is a great family activity and the Y makes sure families can enjoy swimming together.

We reserve "Open Swim" time in our pools every day so that individuals and families can enjoy time to play, splash and swim laps together.

Please note that safety is our highest priority. We require children to be accompanied by a parent/guardian. Reservations for Open Swim can be made in MotionVibe.

CHILD WATCH-PRIME TIME

We want to help you take care of yourself by offering short-term Child Watch-Prime Time care. Our qualified, friendly staff members provide fun and enriching activities while you are working out or taking classes.

Child Watch & Prime Time services are free for our YMCA members, for children ages 6 weeks and up.

Reservations can be made on your MotionVibe app or at our Welcome Desk. Our Membership team is available at 262.634.1994.

CORPORATE MEMBERSHIPS

The Racine Family YMCA offers corporate membership rates to qualifying companies. Ask for details at our Welcome Desks.

Annual/Cash payments are accepted.

Rates subject to change.

Membership cancellation policies can be found online or request a copy from our Welcome Center staff.

PARENT NIGHT OUT

Parent Night Out is a fantastic evening with friends, right here at the Racine Family YMCA!

Our enthusiastic staff are ready to engage. Depending on the month, we offer arts & crafts, glow and dance parties, scavenger hunts and movie nights. Drop your kids off and enjoy an evening of fun and friends.

We will tucker your kids out while you enjoy some well-deserved time off!



PICKLEBALL

Pickleball is a sport that is a combination of badminton, tennis and ping-pong. Participants rally a whiffle ball using a paddle over the net. Come join us for this low-intensity, high-excitement game that is fun for all age groups! The Y will provide nets, members must bring their own Pickleball paddle and ball.

YMCA Y360

Transforming Spirit, Mind and Body 24/7

Now you can experience the Y like never before!

Onsite, at home or on the road, experience the best of Racine Family YMCA and national YMCA instructors online with **YMCA 360**. YMCA 360 is **included** with every membership at no additional charge! More than 500 programs are available to click through to fit needs and interests, for children, families, adults and mature adults. Programs include fitness, cooking, arts and crafts, even math! More content, including "Kickin It With the Y," the Racine Family YMCA's podcast series, will be added on a regular basis.

YMCA Y360 is an on demand program that allows Racine Family YMCA members to customize their health and fitness journeys to their lifestyle. There's truly something for everyone, all age and skill level with **YMCA Y360!**

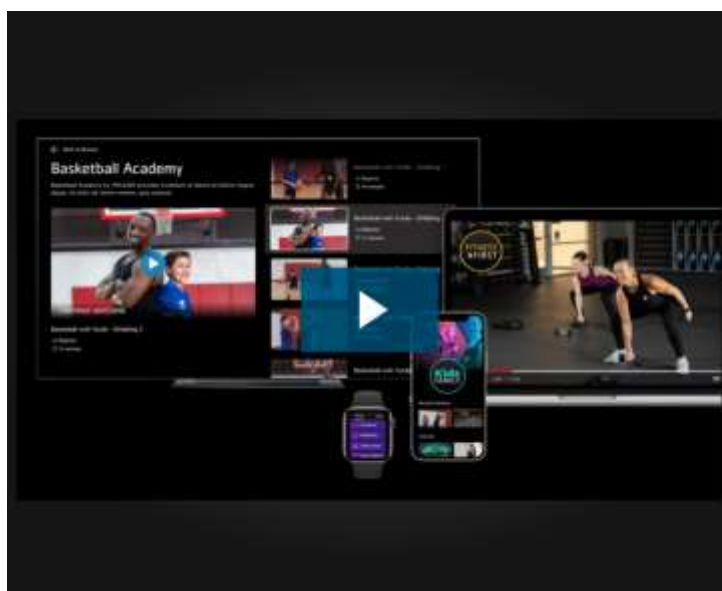
YMCA 360 videos run from seven to thirty minutes in length and are just a click away. You'll be able to take the Y with you anywhere—on vacation, work trips, at home and even at the Y!

YMCA 360 is available any time and anywhere you have access to an internet connection, using a computer, mobile device or smart TV. To log in, use the email associated with your membership account.

If you do not have an email on your Y membership account or your email has changed, please log into your membership account and edit your profile information or stop by our Welcome Desk and they will make the update.

HOW TO LOG IN

1. Visit **YMCA360.org** or add the **YMCA 360** channel to your Android TV, Apple TV or Roku device
2. Click **LOGIN** or **SIGN-UP**
3. Enter your zip code and click **CONTINUE**
4. Select your home branch
5. Enter the email address you use for your Y membership and click **CONTINUE**
6. Check the email you entered for a six digit verification code. If you don't see a verification code in your inbox, please check your SPAM folder or request for the verification email to be re-sent.
7. Enter the verification code and click **CONTINUE** to access **YMCA 360** classes and programs.



**Healthy Living for all.
On all screens.**

From yoga to youth sports, enjoy our exclusive collection of on-demand and livestream classes, on all your devices in cinematic 4K. Experience YMCA360, wherever you are and whenever you want, and experience healthy living for all.

HAVE QUESTIONS?

Our Welcome Desk staff are available to answer your questions about lessons and programs.