

FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY Summer 1 PROGRAM GUIDE June 10 – July 13

# RACINE FAMILY YMCA GREAT SUMMERS SUMMERS START AT THE Y!

## **BRANCH LOCATIONS**

Image Management Family YMCA 8501 Campus Dr. Mount Pleasant WI, 53406

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**Riverside YMCA** 141 Main St. Racine WI, 53403 **George Bray Neighborhood YMCA** 924 Center St. Racine WI, 53403

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# **QUESTIONS?** CALL 262.898.4551







# MEMBERSHIP

| MEMBERSHIP TYPE                           | MONTHLY<br>RATES | LOYALTY<br>MONTHLY<br>RATES | MEMBER LOYALTY<br>PROGRAM  |
|---|------------------|-----------------------------|--|
| Adult<br>(30-59)                          | \$64.00          | \$54.00                     | To become a <b>Loyalty Member</b> you must<br>make 12 consecutive monthly payments<br>toward your membership. The Member |
| Senior<br>(60+)                           | \$58.00          | \$48.00                     | Loyalty program includes the following<br>benefits:<br>• Membership Rate will always be                                  |
| 2 Adult Household                         | \$85.00          | \$75.00                     | \$10/month less than the current<br>standard rate<br>• 10% Discount on MOST programs                                     |
| Young Adult<br>(18-29)                    | \$41.00          | \$31.00                     | <ul> <li>Double guest passes: Member Loyalty<br/>members will receive 6 guest passes per<br/>account</li> </ul>          |
| Household<br>+ Children under age of 24   | \$89.00          | \$79.00                     | <ul> <li>Special Member Loyalty key tags for<br/>everyone over the age of 14</li> </ul>                                  |
| 2 Senior Household<br>(One Being Age 60+) | \$76.00          | \$66.00                     | <ul> <li>Receive a YMCA color changing cup +<br/>wristband</li> </ul>  |
| Youth<br>(8-17)                           | \$30.00          | \$20.00                     | Check with our Welcome Desk to see<br>if you qualify!  |

\*Proof of residency is required for children on memberships

\*Silver insurance memberships at reduced rates - Contact your insurance provider to see if you qualify (NEW) \*Corporate rates are BACK! - Stop at the welcome desk to see if you qualify!

\*Starting August 1st, we will be incurring a service fee of 3% for credit/debit cards and 0.72% for ACH payments,

# FACILITY HOURS

| MONDAY-FRIDAY | 5:00AM-9:00PM |
|---------------|---------------|
| SATURDAY      | 6:00AM-5:00PM |
| SUNDAY        | 6:00AM-4:00PM |

### HOLIDAY HOURS 5:00am-12:00pm

CLOSED Christmas Day & Easter

#### RIVERSIDE Y BRANCH FACILITY HOURS

| MONDAY-THURSDAY | 5:00AM-7:00PM  |
|-----------------|----------------|
| FRIDAY          | 5:00AM-6:00PM  |
| SATURDAY        | 7:00AM-12:00PM |
| SUNDAY          | 8:00AM-11:00AM |

# DAY PASSES

The general public is welcome to visit the Racine Family YMCA anytime by purchasing a day pass. Individuals under the age of 12 MUST be accompanied by a parent or legal guardian to visit the Y. To use the fitness center, children under the age of 16 must be accompanied by a parent or legal guardian. Adults accompanying children are required to purchase a day pass and remain in the building regardless of intended use/non-use of facility amenities.

#### **DAY PASS PRICING**

Youth (17 and under): \$10 Adult: \$15 Family (up to 5 people): \$25 Senior (60+): \$10



# LOCKER RENTAL PRICING

Small Locker: \$36.00 per year

Half Locker: \$60.00 per year

Full Locker: \$84.00 per year

#### Locks are available for purchase at the Welcome Desk for \$7

\*Lockers are available on a first come first serve basis while supplies last

## PICKLEBALL

Pickleball is a sport that combines badminton, tennis and ping-pong. Using a paddle, participants rally a whiffle ball over the net. Come join us for this low-intensity, high-excitement game that is fun for all age groups! The Y will provide nets. Members must bring their own Pickleball balls and paddles.

## Benefits of Y Membership

- NO contracts
- FULL FACILITY | Pool, gym, cardio & strength equipment, indoor track and group fitness studios
- DOWNTOWN | Cardio and strength equipment, group fitness studio
- group exercise classes included with membership
- Child Watch | Drop-in childcare while you work out
- FREE Drop-in Swim | Lap, Adult and Family Swim
- FREE Drop-in Court Time | Hoop time, Pickleball
- FREE Orientations | Learn how to use the cardio and strength training equipment
- Program Perks | Reduced program rates
- Nationwide Membership | Access to Ys throughout the United States
- FREE Member Guest Passes | Three per household each year, 6 after joining our loyalty program





# MOTIONVIBE APP AND RESERVATIONS

#### **RESERVATIONS CAN BE MADE FOR:**

- Child Watch
- Group Fitness classes

All gym schedules and other schedules can be found at www.ymcaracine.org/schedule.

#### **STEPS TO CREATE AN ACCOUNT**

- 1. Enter your First Name, Last Name, the barcode on the back of your membership card
- 2. Create a Username and Password
- 3. Enter your Birthdate, Email address and choose Racine Family YMCA
- 4. Choose the activity schedule you want and you will see the schedule for the week
- 5. You will get a reminder email 2 hours prior to your reserved time.

#### PLEASE UNRESERVE your time to allow others on the waitlist to attend if you cannot attend

#### What does the MotionVibe app do?

- Make your online reservations
- View up to date schedules
- Scan your barcode to scan into the Y
- Check-in for your reservation



 AUSTRESTED? Email Jason at jkrencisz@ymcaracine.org







# MARTIAL ARTS

#### TAI CHI

Tai Chi is a centuries old Chinese martial art that descends from gigong, an ancient Chinese discipline that has its roots in traditional Chinese medicine. Tai Chi involves a series of movements performed in a slow, focused manner and is accompanied by deep breathing. This class has physical and mental benefits. If done regulary, it improves muscle tone, flexibility, balance, and coordination. Many older people find that it boosts their energy, stamina, agility, sharpens their reflexes, and gives an overall sense of well-being. Aaron Richie, certified Tai Chi instructor will lead you through an hour long class. Pre-registration is required! Minimum enrollment: 6

- Monday 10:30-11:30am (Riverside Branch)
- Wednesday 10:30-11:30am (Image Management Branch)
- Saturday 10:30-11:30am (Image Management Branch)

#### **Advanced Canes**

- Monday 11:30-12:30pm (Riverside Branch)
- Wednesday 11:45am-12:45pm (Image Management Branch)
- Saturday 11:30am-12:30pm (Image Management Branch)

**MONTHLY FEES: \$25 Member -- \$50 General Public** Fees will be auto drafted the 1st of every month.

PRICES INCLUDE UNLIMITED CLASSES PER WEEK

#### JUDO & JUJITSU (Ages: 7 and up)

Leland Roth, our lead instructor, brings 30 years of teaching experience. Beginning students learn the fundamentals of Olympic style Judo and Jujitsu. This includes learning how to fall, throw, pin and Jujitsu (self-defence) techniques. Continuing students can learn advanced Judo and Jujitsu techniques.

- Days: Tuesdays & Thursdays
- Times: Beginner: 7:30-8:30pm Intermediate/Advanced: 7:00-8:00pm

Location: Image Management Family Y Branch

**MONTHLY FEES: \$55 Member -- \$95 General Public** Fees will be auto drafted the 1st of every month.

#### TAE KWON DO (Ages 5+)

Tae Kwon Do provides an excellent workout that offers discipline for the mind and body. This progressive program teaches proper techniques, self-defense awareness and practical application.

Days: Mondays & Wednesdays Times: 7:00-8:30pm

Location: Image Management Family Y Branch

**MONTHLY FEES: \$65 Member -- \$100 General Public** Fees will be auto drafted the 1st of every month.





### **WINSTRUCTIONAL VOLLEYBALL**

#### Instructional Volleyball (Ages 8–16)

Our talented Sports and Rec staff are ready to improve and develop your child's volleyball skills! Our class incorporates fundamental skills, sportsmanship, and team work.

LOCATION: Image Management Family YMCA PROGRAM DATES: Tuesdays, June 18 – July 23 FEE: \$50 Member -- \$65 General Public

# Image: Second state Image: Second state

#### First Tee Youth Golf (ages 6-12)

This program builds game skills with focus on Sportsmanship, Integrity, Confidence, Perseverance, Courtesy, Judegement, Responsibility and Honesty! All equipment will be provided by the Y for this program. Learn the fundamentals of golf!

LOCATION: Image Management Family YMCA PROGRAM DATES: Thursdays, July 11 - August 1 FEE: \$35 Member -- \$45 General Public

### **ITTY BITTY KICKBALL**

#### Itty Bitty Kickball League (Ages 4-5)

A fun kickball league exclusibely for 4–5 year olds played indoors on Friday evenings. 30 player limit for registration, 4 team league. Rules to suit the players at this level. LEARN, PLAY, GROW.

LOCATION: George Bray Neighborhood YMCA PROGRAM DATES: Fridays, July 12 - August 2 FEE: \$30 Member -- \$40 General Public

## **ELITE SOCCER CLASS**

#### Level up ELITE Soccer Training (Ages 7-13)

Are you good with your ball handling skills in the great sport of Soccer? Bell taps, toe taps, side rolls, scissor steps, solid dribbling and parring techniques are terms advanced players understand and are able to execute. Are you looking for experienced training to develop skill in these areas? YMCA Sports & Rec is happy to introduce Coach Bob's Futbol/Soccer program.

LOCATION: Image Management Family YMCA PROGRAM DATES: Tuesdays, July 23 - August 13 **FEE: \$40 Member -- \$50 General Public** 



### BASKETBALL CAMP

#### Richie Warren Basketball Camp (Ages 7-14)

In the rich history of athletes in Racine County, only 4 players have ever won a college national championship. Chuck Wood won a national title for Loyola University in 1963. Another player to achieve this unique accomplishment is Richie Warren. Richie was part of an incredible run to National Junior College Athletic Association Division II national title after beating eighth-seeded Macomb, 86-65, in the championship game in Danville, Illinois in march 2023! We invite you to 4 days of a high quality youth basketball camp where Richie will be in attendance to share his story, the path to success and the things he does daily to keep getting better and making the most of himself. The camp will have an emphasis on: fundamentals, skill development, ball handling, shooting and daily competitive contest!

LOCATION: George Bray Neighborhood YMCA PROGRAM DATES: Saturdays, June 25 - June 28 FEE: \$30 Member -- \$40 General Public

#### Questions?

Contact Ryan Thompson, Sports & Rec Director Email: rthompson@ymcaracine.org



# LOCATION Pershing Park AGE GROUPS Co-Ed 6U-17U PRICE Y Members: \$100

(1 team member has Y membership)

Non Y Members: \$125 (if no team member has a Y membership)

**ROSTER** Up to 5 players



SCAN ME TO REGISTER

# Racine Family YMCA Saturday - One Day Event! JULY 20TH 11AM-7PM

SUMMER

SOCCER

FESTIVA



# **CHILD WATCH Drop-In Childcare**



Child Watch is available for ages 6 weeks to 12 years. Child Watch is childcare for our members and quests while they use our facilities.

Please make all payments at the welcome desk prior to drop off.

### HOURS

**AM:** Monday–Friday 8:00am–12:00pm Saturday 8:00am-12:00pm **PM:** Monday-Friday: 4:00pm-8:00pm

Daily Time Limits: 3-12 years: **2 hours** 

**Night Time Limits** 6 weeks-2 years: **1 hour** 6 weeks-1 years: **1 hour** 2-12 years: 2 hours

### FEES

Y members **MUST** register for Child Watch. Starting Jan.1, 2024 there will be a \$30 annual household registration fee. (No additional charges for daily usage.) Non-Member Fee: \$10 per visit

# **BIRTHDAY PARTIES ARE BACK Celebrate at the Y**

### SPLASH PARTY – LEISURE POOL/TEEN CENTER

The "Splash Party" includes: Small pool with fountains, Lazy River, Leisure Pool and Water Slide. The slide may only be used by children 48 inches and taller. Your pool party is non-exclusive for a group of 20 children and 5 adults (\$5 additional fee per person). You will have use of your party room (Teen Center) for one hour after your pool time to open presents and serve food/refreshments. Max party size: 40.

#### FEE: \$225 MEMBERS / \$325 Non-Member

### GYM PARTY – GYM/TEEN CENTER

A "Gym Party" will use half of the gym for games planned by the party host. Party host may use the party room (Teen Center) to open presents and serve food/refreshments for one hour after gym use. Party size: 20 children and 5 Adults (\$5 additional fee per person). Max party size: 40.

#### FEE: \$225 MEMBERS / \$325 Non-Member

### TEEN CENTER

Party will be able to use the "Teen Center" room for two hours. The Teen Center includes: Ping-pong table, air hockey, foosball and more! The Teen Center can also be used to open presents and serve food/refreshments. Party size: 20 children and 5 adults (\$5 additional fee per person). Max party size: 40.

#### FEE: \$175 MEMBERS / \$225 Non-Member

ALL PARTY RENTALS MAY BE BOOKED BY **CONTACTING HAILEY AT** HHALUSKA@YMCARACINE.ORG PARTIES ARE TYPICALLY BOOKED WEEKS IN ADVANCE. PLEASE CONSIDER THIS WHEN MAKING YOUR PARTY PLANS

# RACINE FAMILY YMCA SUMMER CAMP

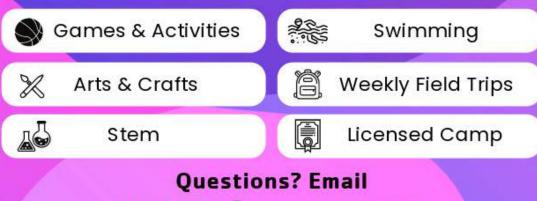
June 3-August 30

**WI SHARES** 

ACCEPTED

the

# HOURS: 6:30AM-5:30PM



Hhaluska@ymcaracine.org

### POOL HOURS

| MONDAY-FRIDAY | 5:00AM-8:30PM |
|---------------|---------------|
| SATURDAY      | 6:00AM-4:30PM |
| SUNDAY        | 6:00AM-3:30PM |

### FAMILY SWIM HOURS

| MONDAY-FRIDAY | 3:30PM-8:30PM |
|---------------|---------------|
| SATURDAY      | 9:00AM-4:30PM |
| SUNDAY        | 9:00AM-3:30PM |

\*SLIDE WILL BE OPEN THE LAST 15 MINUTES OF EVERY HOUR DURING FAMILY SWIM (When staffing permits)

# WATER FITNESS CLASSES

AQUATICS

#### **AQUA SPLASH**

Fun, shallow waters exercises to improve agility, flexibility, and cardio endurance. No swimming skills required. You will use buoys, noodles & a special kickboard to develop strength, balance and coordination.

#### **AQUAROBICS**

Aerobic exercises, dance movements, cardio conditioning, body isolations with the results being total body conditioning.

#### AQUACISE

Reduce the stress on your joints with a great cardio & resistance workout using noodles and buoys to tone and sculpt muscles.

# SEA SWIM TEAM

#### **SEA SWIM TEAM**

The next step in your child's swim career! Swimmers refine their strokes, learn how to compete and learn to be a team player. SEA-Y is also dedicated to teaching kids good sportsmanship and fair competition.

#### **SWIM TEAM TRYOUTS**

For more info call Coach Neil at 262.994.3157 or visit the team's website at www.sea-y.org



#### **DEEP WATER AQUACISE**

A social deep water fitness class, using flotation belts, water resistance, dumbbells and noodles to give a full body workout.

#### **DEEP WATER FITNESS**

NO SWIMMING SKILLS NEEDED. Using flotation belts, participants will work out in zero-impact suspension in the large pool at their own fitness level.

Questions? Contact Mathias Werve, Healthy Living Director Email: mwerve@ymcaracine.org





# WE'RE HIRING! • SWIM INSTRUCTORS • LIFEGUARDS

# WE TRAIN IN FIRST AID, CPR, AED AND LIFEGUARD CERTIFICATION

FOR MORE INFORMATION CONTACT REBECCA AT RMANN@YMCARACINE.ORG

# STAFF BENEFITS

the

GUARD

- GREAT PAY
- FLEXIBLE SHIFTS
- FREE Y MEMBERSHIP



# **PERSONAL TRAINING**

#### **REALIZE YOUR POTENTIAL**

By working with a trainer, you will recieve instruction and encouragement to push yourself further than you can imagine. Ultimately we hope you can become your own personal trainer, having the confidence and motivation to take charge of your own health and wellbeing. You will love the energy you feel after a great workout with our trainers and the satisfaction of making fitness a priority in your life!

|                  | 4 Session Package |          | 8 Session Package |          | 12 Session Package |          |
|------------------|-------------------|----------|-------------------|----------|--------------------|----------|
| $\square$        | 30 Min.           | 60 Min.  | 30 Min.           | 60 Min.  | 30 Min.            | 60 Min.  |
| Personal (1:1)   | M \$132           | M \$265  | M \$232           | M \$465  | M \$305            | M \$610  |
|                  | GP \$182          | GP \$365 | GP \$337          | GP \$675 | GP \$442           | GP \$885 |
| Partner Training | M \$80            | M \$160  | M \$140           | M \$280  | M \$187            | M \$375  |
| (1:2-3)          | GP \$160          | GP \$320 | GP \$217          | GP \$435 | GP \$272           | GP \$545 |

#### **SGPT: TRX TRAINING**

Get fast, effective total-body workouts with TRX to strengthen your core, improve stability and increase muscular endurance. TRX is a total body resistance exercise that uses a suspension training system, making it possible for you to use your own body weight and gravity for an effective workout. Participants can customize the difficulty of their workout by making simple adjustments to the TRX system. Small group training offers individual attention by a certified personal trainer.

TRX Fusion: Monday 8:30-9:30am Friday 5:00-6:00am

TRX 30: Thursday 8:30-9:00am Fri. 8:00-8:30am Monthly Fees: \$60 Members -- \$120 General Public







Reformer Pilates is a low-impact workout that will help you feel strong and achieve your goals. Not only does it help create toned, lean bodies, but it also addresses muscle imbalances, improves posture and balance, increases flexibility and reduces tension for optimal body function.

#### Fees: Personal training rates apply.

**Questions?** Contact Mathias Werve, Healthy Living Director Email: mwerve@ymcaracine.org

# COMMUNITY HEALTH



#### **TRI-FIT SWIM WORKOUT**

Stroke Analysis and technique drills, speed, endurance and efficiency. To join this class participants must be able to complete 25 yards and be safe in deep water. The Y's coaching staff will teach the rest. Great for triathlete and fitness swimmers who are looking for a pool challenge in a team environment.

Days: Wednesdays and Fridays

Times: 6:00-7:30am

Location: Image Management Family YMCA Branch Fees: \$25 Members -- \$50 General Public

Fees are based on class 1 time per week

#### LIVESTRONG AT THE YMCA

LIVESTRONG is a research-based physical activity and well being program designed to help adult cancer survivors reclaim their total health. Participants work with Y staff trained in supportive cancer care to safely achieve their goals such as building muscle mass and strength, increasing flexibility and endurance and improving confidence and self-esteem. By focusing on the whole person and not the disease, LIVESTRONG at the YMCA is helping people move beyond cancer in spirit, mind and body.

NEW SESSION: Coming Sept. 24th, 2024

### LIVESTRONG<sup>°</sup>

AT THE YMCA

#### **PEDALING FOR PARKINSONS**

More than one million Americans are living with Parkinson's disease and nearly 60,000 new diagnoses occur each year. There is no known cure and the risk of developing Parkinson's disease increases with age. Pedaling for Parkinson's uses group cycling and support to reduce symptoms in those affected by Parkinson's disease and improves quality of life for patients and their caregivers. YMCA staff are trained by certified indoor cycling instructors following the Pedaling for Parkinson's protocol and monitor heart rate and exercise frequency.

#### **Eligibility Requirements**

- Measure and record their blood pressure at least two times per month
- Adults ages 30-75
- Parkinson's disease clinical diagnosis, medical clearance
- YMCA membership is not required

Location: Image Management Family YMCA Branch

Monthly Fees: \$45 Members -- \$90 General Public

#### **EXERCISE FOR PARKINSON'S**

#### Offered through a partnership with Aurora HealthCare.

Our Exercise for Parkinson's class is designed to help individuals with Parkinson's maintain an active lifestyle while focusing on cardiovascular conditioning, flexibility and balance. Participants work with a Physical Therapist and Fitness Specialist.

Location: Image Management Family YMCA Branch

Monthly Fees: \$55 Members -- \$90 General Public (Fees are based on class two times per week)

Monthly Fees: \$75 Members -- \$100 General Public (Fees are based on class three times per week)

**Questions?** Contact Mathias Werve, Healthy Living Director Email: mwerve@ymcaracine.org

#### LIVE BETTER REDUCE YOUR SYMPTOMS



# GROUP FITNESS (\*\*\*)

#### **GROUP FITNESS SCHEDULES**

Our group fitness schedule is available on our website at ymcaracine.org/schedules, on our MotionVibe site at ymcaracine.motionvibe.com and our Racine Family YMCA app.

#### **RESERVATIONS:**

Group fitness classes are for YMCA members age 14 and older (members under 18 must be accompanied by an adult). Reservations are required for our group fitness classes. Reserve your spot 7 days in advance through the MotionVibe site or on our Y mobile app.

#### GROUP FITNESS "LIVE" ACTIVE OLDER ADULT CLASSES

Senior classes are fun and challenging. These low-intensity exercise classes are specifically designed to improve overall health with a good workout. Benefits: Muscular Strength, Cardiovascular Endurance, Balance, Flexibility, Mobility and Focus.

#### **CARDIO AND DANCE CLASSES**

Cardio classes are fun and challenging workouts. These low, medium, and high intensity exercise classes are specifically designed for cardiovascular conditioning. Benefits: Coordination, Flexibility, Balance, Focus and Endurance.

#### **CYCLING CLASSES**

Cycling classes are exciting and challenging workouts. These low, medium and high intensity exercise classes are specifically designed to build cardiovascular strength and endurance. Benefits: Increased Strength, Speed, Power and Endurance.

#### **PILATES & CORE CLASSES**

Pilates and Core classes are energizing and challenging workouts. These low, medium and high intensity exercise classes are specifically designed to work all major muscles in the body. Benefits: Improved Flexibility and Increased Balance.

#### **Questions?**

Contact Angela Pedraza, Healthy Living Coordinator Email: apedraza@ymcaracine.org

#### **STRENGTH AND CONDITIONING CLASSES**

Strength and Conditioning classes are fun and challenging workouts. These low, medium and high intensity exercise classes are specifically designed to target the entire body utilizing a variety of traditional, functional and strength training tools. Benefits: Muscular Strength, Endurance, Cardiovascular Conditioning and Functional Fitness.

#### WATER EXERCISE CLASSES

Water Fitness classes are fun and challenging workouts. These low, medium and high intensity exercise classes are specifically designed to be low impact and ideal for all fitness levels. Non-swimmers are welcome. Benefits: Improved Cardiovascular Endurance, Muscle Conditioning, Muscle Toning and Full Body Workout.

#### **YOGA & FLEXIBILTY CLASSES**

Yoga and Flexibilty classes are fun and challenging workouts. These low-intenisty exercise classes are specifically designed to include a variety of non impact fitness options for all levels. Benefits: Improved Flexibility, Balance, Focus and Muscle Strengthening.

#### **BODYPUMP (LESMILLS)**

Get toned, lean and fit with this total body workout that is suitable for everyone.

#### **BODY COMBAT (LESMILLS)**

Power your way to total fitness with thismartial arts inspired workout. Available in 30 and 60 minute classes.

#### NEW SHAPES (LESMILLS)

An invigorating blend of Pilates, barre, and pwoer yoga set to modern beats. With small, controlled movements, you sculpt and strengthen all major muscle groups, improve alignment and increase flexibility.



Min. 6 participants for each class.

All participants must pre-register on our MotionVibe App

# GEORGE BRAY NEIGHBORHOOD Y BRANCH

# FACILITY HOURS

| MONDAY-THURSDAY | 8:00AM-6:00PM  |
|-----------------|----------------|
| FRIDAY          | 9:00AM-12:30PM |
| SATSUN.         | RENTALS ONLY   |

924 Center St. Racine WI, 53403



Questions? Contact Quincy Harrison, Center Director Email: qharrison@ymcaracine.org

#### YOUNG LEADERS ACADEMY (YLA)

Young Leaders Academy is the Y's after school academic support and development program for children in 2nd-12th grade. YLA offers homework assistance, tutoring, leadership group sessions and activities. School Achiever programming takes place at Knapp and Julian Thomas Elementary Schools. This program runs Monday-Thursday when school is in session. YLA consists of three age-appropriate components: School Achievers for grades 2-5, Young Achievers for grades 6-8 and Teen Achievers for grades 9-12.

#### YOUNG AND TEEN ACHIEVER PROGRAMS

Young and Teen Achievers take place at the George Bray Neighborhood Y Branch.

#### Young Achievers

Meets Mondays & Wednesdays.

Teen Achievers Meets Tuesdays & Thursdays.

#### **OPEN GYM HOURS**

Adult Basketball: Monday, Wednesday, Friday: 9:00am-12:30pm Youth Basketball: Monday-Thursday: 3:00pm-6:00pm

#### **DAILY MEAL PROGRAMS**

Free meals are served to the community Monday-Thursday. Meals are served from 4:00-6:00pm out of the George Bray Neighborhood YMCA Branch.

#### **FACILITY RENTALS**

The George Bray Neighborhood Y Branch is available for rentals. The rental includes the use of a commercial kitchen and gymnasium. If you are interested in renting our space please contact Tanya at twilliams@ymcaracine.org.

#### **YLA SUMMER SESSION**

Young Leaders Academy Summer Session at Carthage College is offering daily instruction in core academic subjects, with enrichment activities, service projects and field trips. Transportation to Carthage College is provided. INTERESTED? Contact Tanya at twilliams@ymcaracine.org

The George Bray Neighborhood Y Branch offers a safe place for children and families to interact for fun, games, educational activities and leadership programs.

# YOUR **GIFT** YOUR **IMPACT**

**DONATE HERE:** 

the



# YOUR DONATION CHANGES LIVES.

# Thank you to our Diamond Donors/Sponsors

Image Management Kevin & Claire Weslaski Eric & Michie Simpson MLE Foundation SC Johnson Racine Community Foundation Andis Foundation





## WE CAN DO SO MUCH MORE BECAUSE OF YOU!