



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

THE RACINE FAMILY Y

2021 Winter/Spring Program Brochure

Register early and receive \$5.00 off:

EARLY BIRD DEADLINES:

Winter: December 30th
Spring 1: February 18th
Spring 2: April 21st

RIVERSIDE BRANCH
141 Main Street
(entrance on State Street)
Racine, WI 53403

SEALED AIR BRANCH
8501 Campus Drive
Mount Pleasant, WI 53406

Winter
January 4-February 20

Spring 1
February 22-April 24

Spring 2
April 26-June 12

262•634•1994 - SERVING RACINE SINCE 1875 - YMCARACINE.ORG

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BUILDING HOURS

Day of Week	SEALED AIR	RIVERSIDE
Monday-Thursday	5:00am-8:00pm	5:00am-7:00pm
Friday	5:00am-8:00pm	5:00am-6:00pm
Saturday	6:00am-4:00pm	7:00am-12:00pm
Sunday	6:00am-2:00pm	8:00am-11:00am

The YMCA is closed on: Labor Day, Thanksgiving, Christmas, New Year's Day, Easter, Memorial Day and the 4th of July.

Child Watch/Prime Time

Available for children ages 6 weeks and up, Child Watch/Prime Time is drop-in babysitting for our members and guests while they utilize the facility. CHILD WATCH/PRIME TIME IS FREE TO OUR MEMBERS!

**Advance reservations required.
 Reservations can be made at our
 MotionVibe site, ymcaracine.motionvibe.com**

CHILD WATCH HOURS - Sealed Air Branch:

Monday-Friday 9:00am - 12:00pm
 Monday-Friday 4:00pm - 7:00pm
 Saturday 9:00am - 12:00pm

PRIME TIME HOURS - Sealed Air Branch:

For Children 5 years old and up only
 Monday-Friday 5:00pm - 7:00pm
 Saturday 9:00am - 12:00pm

Free Member/\$5 per hour General Public

Note: 3 hour time limit.

TIMES subject to change.

If no reservations are scheduled at 2pm the day before, Child Watch and Prime Time will close early during these times.



WINTER REGISTRATION BEGINS

Members: Monday, December 14th
 General Public: Monday, December 21st
CLASSES BEGIN FRIDAY, JANUARY 4th

SPRING 1 REGISTRATION BEGINS

Members: Monday, February 8th
 General Public: Monday, February 15th
CLASSES BEGIN FRIDAY, FEBRUARY 22nd

SPRING 2 REGISTRATION BEGINS

Members: Monday, April 12th
 General Public: Monday, April 19th
CLASSES BEGIN MONDAY, APRIL 26th
No classes during RUSD Spring Break, April 2nd - 8th

WAYS TO REGISTER

IN PERSON:

Register in person at RIVERSIDE OR SEALED AIR Welcome Desk

BY PHONE:

Call 262.634.1994 (credit card only) Card must be saved to your account. We accept Mastercard, VISA, Discover.

ONLINE:

Visit us at ymcaracine.org and click on "REGISTER ONLINE."

MEMBERSHIP RATES

Membership Type	Monthly Draft	Joiner Fee
Youth 18 & under	\$18	\$29
College Full Time (ID Required)	\$27	\$49
Single Adult 19 to 61	\$48	\$99
2 Adult Household	\$61	\$99
1 Adult Household with Children	\$61	\$99
2 Adult Household with Children	\$74	\$99
3 Adult Household with Children	\$85	\$99
Senior Individual 62 or older	\$43	\$99
2 Senior Household one being 62+	\$56	\$99

The Racine Family YMCA offers corporate membership rates to qualifying companies. Ask at the Welcome Center for details. Annual/Cash payments are accepted. **Rates subject to change. Membership & Cancellation Policies can be found online or request a copy from our Welcome Center staff.**

WELCOME TO MOTIONVIBE

MotionVibe is our new user-friendly platform for scanning into the Y, making reservations and checking schedules. We introduced this system to maintain capacity and physical distancing guidelines.

RESERVATIONS CAN BE MADE FOR:

Child Watch and Prime Time

Court Times: Adult hoops, Family hoops, Pickleball and Group Fitness classes

Swimming Pool: Adult swim, Family swim, Lap swim and the Current channel

To set up your account, go to ymcaracine.motionvibe.com and follow the steps below, you will need your barcode (on the back of your Y membership swipe card) and Customer ID. To get your Customer ID, call the Y at 262.634.1994 or email frontdesksa@ymcaracine.org

STEPS TO CREATE AN ACCOUNT

1. Enter your First Name, Last Name, and the barcode (on the back of your membership scan card)
2. Create a Username and Password.
3. Enter your Birthdate, Email Address, and choose Racine Family YMCA
4. Choose the activity schedule you want and you will see the schedule for the week.
5. You will get a reminder email 2 hours prior to your reserved time. If you cannot attend, PLEASE UNRESERVE your time to allow others on the waitlist to attend
 - Go to the top row menu and select the profile button with your name.
 - This will bring up the activities you are registered for.
 - Simply click the Unregister button.
 - If you are on the waitlist, watch your email notifying you that you have been moved into a spot.

NOW AVAILABLE: MOTIONVIBE MOBILE APP

Search "Racine Family YMCA" in your app store and DOWNLOAD TODAY!

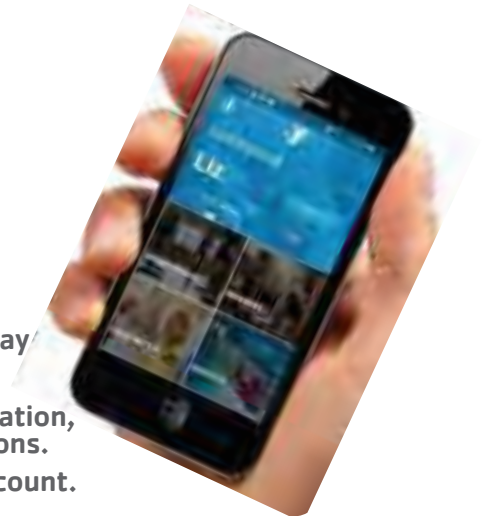
What does the MotionVibe mobile app do?

- Make your online reservations
- View up-to-date schedules
- Scan your barcode to scan into the Y
- Check-in for your reservation

DOWNLOAD THE MOTIONVIBE RESERVATION APP:

1. On your phone, search for RACINE FAMILY YMCA in Apple Store or Google Play
2. Download and Open App
3. Allow Notifications: this enables you to receive confirmation of your reservation, information about class or schedule changes, and branch-related notifications.
4. Enter your current MotionVibe username and password or sign up for an account.
5. Click on the area to view the schedule and reserve your activity.

More information available online at ymcaracine.motionvibe.com



COVID-19 UPDATES

At the Racine Family YMCA, the health and well-being of our members, families and staff is our highest priority. We strictly adhere to recommendations from our federal, state and local government agencies and the CDC to ensure we are providing the cleanest, safest facilities possible. Please visit our website at www.ymcaracine.org or check social media and watch for emails for periodic updates as we keep you informed.

AQUATIC PROGRAMS

Welcome to our Winter/Spring Session of the YMCA Aquatic Programs.

Registration deadlines are 2 days prior to start of session. If there are fewer than 3 children registered, class can be held only if the participants are willing to pay the semi-private fee. Whenever possible, classes will be combined to accommodate your preferred schedule. Students must have swim teacher's approval to move up to the next level. Classes are not pro-rated. Swim class make-ups are for medical reasons only.

We are excited to announce the Y-USA National Swim Lesson Program. If you are unsure what each stage means or to find out what STAGE your child should be in please check our website or call the front desk or our Aquatics department.

7 week session (1x per wk)	8 week session (1x per wk)
Winter: January 4-February 20	Spring 1: February 22-April 24
Spring 2: April 26-June 12	\$69 Member
\$61 Member	\$101 General Public
\$89 General Public	

No Classes, April 2 - 8, RUSD Spring Break.

PARENT/TODDLER LESSONS (Ages 6-36 months)

Location: Instructional and Lap Pools - Water comfort and swimming skills taught through a variety of fun activities. Parents and children will be guided through introductory swimming skills and safety precautions preparing them for classes without the aid of a parent.



YMCA Mission Statement:

To put Christian principles into practice through programs that build a healthy spirit, mind and body for all.

PRESCHOOL SWIM LESSONS (Ages 3-5 years)

Location: Instructional & Lap Pools - This program offers children their first experience in the pool without a parent, made possible through a variety of fun activities & games. Classes provide a step-by-step progression of swimming and water safety without the aid of a flotation device, designed to adequately prepare children for the youth lesson program. Student/instructor ratio will not exceed 6 to 1. All preschool classes are 30 minutes in length.



SCHOOL AGE SWIM LESSONS (Ages 6-12 years)

Location: Lap Pool - Children learn the fundamentals of swimming and water safety with increased stroke development and endurance as levels increase. Classes will not exceed an 8 to 1 student/instructor ratio. All classes are 45 minutes in length and taught in the Lap Pool. The prerequisite for each level is successful demonstration of the skills taught in the preceding level. Beginners start at Stage 1, which has no prerequisite.



SC JOHNSON COMMUNITY AQUATIC CENTER WATCH OUR WEBSITE/FACEBOOK FOR 2021 NEWS!





STAGE DESCRIPTIONS

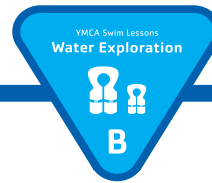
SWIM STARTERS

Accompanied by a parent, infants and toddlers learn to be comfortable in the water and develop swim readiness skills through fun and confidence-building experiences, while parents learn about water safety, drowning prevention, and the importance of supervision.



A / WATER DISCOVERY

Parents accompany children in stage A, which introduces infants and toddlers to the aquatic environment through exploration and encourages them to enjoy themselves while learning about the water.



B / WATER EXPLORATION

In stage B, parents work with their children to explore body positions, floating, blowing bubbles, and fundamental safety and aquatic skills.

SWIM BASICS

Students learn personal water safety and achieve basic swimming competency by learning two benchmark skills:

- Swim, float, swim—sequencing front glide, roll, back float, roll, front glide, and exit
- Jump, push, turn, grab



1 / WATER ACCLIMATION

Students develop comfort with underwater exploration and learn to safely exit in the event of falling into a body of water in stage 1. This stage lays the foundation that allows for a student's future progress in swimming.



2 / WATER MOVEMENT

In stage 2, students focus on body position and control, directional change, and forward movement in the water while also continuing to practice how to safely exit in the event of falling into a body of water.

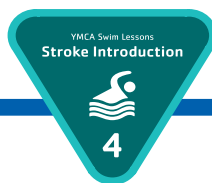


3 / WATER STAMINA

In stage 3, students learn how to swim to safety from a longer distance than in previous stages in the event of falling into a body of water. This stage also introduces rhythmic breathing and integrated arm and leg action.

SWIM STROKES

Having mastered the fundamentals, students learn additional water safety skills and build stroke technique, developing skills that prevent chronic disease, increase social-emotional and cognitive well-being, and foster a lifetime of physical activity.



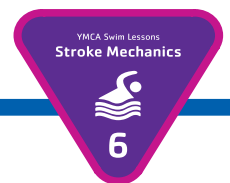
4 / STROKE INTRODUCTION

Students in stage 4 develop stroke technique in front crawl and back crawl and learn the breaststroke kick and butterfly kick. Water safety is reinforced through treading water and elementary backstroke.



5 / STROKE DEVELOPMENT

Students in stage 5 work on stroke technique and learn all major competitive strokes. The emphasis on water safety continues through treading water and sidestroke.



6 / STROKE MECHANICS

In stage 6, students refine stroke technique on all major competitive strokes, learn about competitive swimming, and discover how to incorporate swimming into a healthy lifestyle.

HAVE MORE QUESTIONS? Our front desk staff is available to answer any questions about the swim lessons program.

SESSION CLASS OPTIONS

ALL CLASSES 1X WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Stage A 6-18 months	--	5:00-5:30pm	--	6:30-7:00pm	11:30-12:00pm	8:00-8:30am
Stage B 18-36 months	--	5:45-6:15pm	--	5:45-6:15pm	--	8:45-9:15am
Stage 1 Preschool 3-5 year olds	4:15-4:45pm 5:45-6:15pm 6:30-7:00pm	HS-2:00-2:45pm 4:15-4:45pm 5:00-5:30pm 5:45-6:15pm 6:30-7:00pm	5:00-5:30pm 5:45-6:15pm	4:15-4:45pm 5:45-6:15pm	10:00-10:30am 10:45-11:15am	9:30-10:00am 11:00-11:30am
Stage 2 Preschool 3-5 year olds	4:15-4:45pm 5:45-6:15pm 6:30-7:00pm	HS-2:00-2:45pm 4:15-4:45pm 5:00-5:30pm 5:45-6:15pm 6:30-7:00pm	5:00-5:30pm 5:45-6:15pm	4:15-4:45pm 5:45-6:15pm	10:00-10:30am 10:45-11:15am	9:30-10:00am 11:00-11:30am
Stage 3 Preschool 3-5 year olds	5:00-5:30pm	HS-2:45-3:55pm 6:30-7:00pm	5:00-5:30pm	5:00-5:30pm 6:30-7:00pm	10:45-11:15am	10:15-10:45am 11:45-12:15pm
Stage 4 Preschool 3-5 year olds	5:00-5:30pm	HS-2:45-3:55pm 6:30-7:00pm	5:00-5:30pm	5:00-5:30pm 6:30-7:00pm	10:45-11:15am	10:15-10:45am 11:45-12:15pm
Stage 1 Youth 6-12 year olds	5:15-6:00pm 6:15-7:00pm	HS-2:00-2:45pm 4:15-5:00pm 5:15-6:00pm 6:15-7:00pm	6:15-7:00pm	5:15-6:00pm 6:15-7:00pm		9:15-10:00am 10:15-11:00am 11:15-12:00pm
Stage 2 Youth 6-12 year olds	5:15-6:00pm 6:15-7:00pm	HS-2:00-2:45pm 4:15-5:00pm 5:15-6:00pm 6:15-7:00pm	6:15-7:00pm	5:15-6:00pm 6:15-7:00pm		9:15-10:00am 10:15-11:00am 11:15-12:00pm
Stage 3 Youth 6-12 year olds	4:15-5:00pm 5:15-6:00pm	HS-2:00-2:45pm HS-3:00-3:45pm 5:15-6:00pm	4:15-5:00pm 5:15-6:00pm	4:15-5:00pm 5:15-6:00pm		9:15-10:00am 11:15-12:00pm
Stage 4 Youth 6-12 year olds	4:15-5:00pm 5:15-6:00pm	HS-2:00-2:45pm HS-3:00-3:45pm 5:15-6:00pm	4:15-5:00pm 5:15-6:00pm	4:15-5:00pm 5:15-6:00pm		9:15-10:00am 11:15-12:00pm
Stage 5 Youth 6-12 year olds	4:15-5:00pm	HS-3:00-3:45pm 4:15-5:00pm	4:15-5:00pm	4:15-5:00pm 7:00-7:45pm		10:15-11:00am
Stage 6 Youth 6-12 year olds	4:15-5:00pm	HS-3:00-3:45pm 4:15-5:00pm	4:15-5:00pm	4:15-5:00pm 7:00-7:45pm	--	10:15-11:00am
Stage 7 Youth Pre Team	--		6:00-7:00pm	--	6:00-7:00pm	--
Adultos En Español	--	--	--	--	--	8:00-8:45am En Español SABADO SOLAMENTE
Jovenes En Español	--	--	--	--	--	9:00-9:30am 3-5 anos 9:45-10:30am 6-12 anos En Español SABADO SOLAMENTE
Beginner Teen-Adult	--	7:00-7:45pm	--	--	--	--
Stroke Development Teen-Adult	--	--	--	7:00-7:45pm	--	--



AQUATICS (continued)

TEEN/ADULT SWIM LESSONS (Ages 13 & Older)

Classes for those who want to learn how to swim for the first time and classes that want to improve their stroke efficiency and endurance.

BEGINNER

A class designed for adults and teens that have never swum before or are picking up after a long time out of the water.

STROKE DEVELOPMENT

Class designed to develop basic stroke for new swimmers or those getting back into swimming after a long time away.

CLASE DE NATACION EN ESPAÑOL

Clase para los que quieren aprender a nadar por primera vez. Clase para los que quieren mejorar su manera de nadar para tener mas fuerza nadando y nadar mas eficiente.

SEMI-PRIVATE AND PRIVATE SWIM LESSONS

Private or semi-private swim lessons allow the participant to work at a personalized level to achieve swim goals and are a good way to help swimmers focus on a particular skill or to help overcome a fear of the water. To schedule semi- and private lessons, stop by the Welcome Desk or contact Aquatic Coordinators, 262.898.4559.

SEMI-PRIVATE SWIM LESSONS

2:1 ratio: Instructor will teach 2 swimmers for 30 minutes per lesson.
6 lessons \$80 Member / \$110 General Public

PRIVATE SWIM LESSONS

1:1 ratio: Instructor will teach 1 swimmer for 30 minutes per lesson.
3 lessons \$65 Member / \$90 General Public
6 lessons \$110 Member / \$140 General Public

SEALED AIR SLIDE IS CLOSED

UNTIL FURTHER NOTICE.

WATCH OUR

WEBSITE / FACEBOOK

FOR UPDATES!



EDUCATION

The Racine Family YMCA is a leader in providing up-to-date training and certification through the American Red Cross. We regularly offer certification and challenge courses in Lifeguard Training, CPR/AED and First Aid at our Sealed Air Branch.

CPR & AED TRAINING

Learn a lifesaving skill that could save a friend, family member, co-worker or neighbor. Using the American Red Cross CPR for the professional rescuer course we will teach you the skills knowledge and confidence to perform CPR and use an AED.

CPR & AED Full Course

Sunday - January 17 th	8:00am-12:00pm
Sunday - February 21 st	8:00am-12:00pm
Sunday - March 21 st	8:00am-12:00pm
Sunday - April 18 th	8:00am-12:00pm

\$150 Member/ \$200 General Public

CPR & AED Challenge

Sunday - January 17 th	12:30pm-2:30pm
Sunday - February 21 st	12:30pm-2:30pm
Sunday - March 21 st	12:30pm-2:30pm
Sunday - April 18 th	12:30pm-2:30pm

\$125 Member/ \$150 General Public

Registration closes 1 week prior to the start of the class.

RED CROSS LIFEGUARD TRAINING

Blended learning training for lifeguarding, using online and in-person sessions. Registration closes 1 week prior to the start of the class.

For more information please contact our Aquatics Director at 262.898.4559

April 6th, 7th, 8th & 9th 12pm-6pm

May 12th, 14th (4pm-8pm) 15th & 16th (8am-5pm)

\$250 Member/ \$300 General Public

RED CROSS LIFEGUARD INSTRUCTOR TRAINING COURSE

For dates and times for Lifeguard Training and Instructor Training courses contact our Aquatic Director at 262.898.4559.

RED CROSS BABYSITTING COURSE (Ages 11 & Up)

This Red Cross babysitting training course can help provide the skills you need to take care of the kids in your neighborhood when their parents can't be with them.

This in-class training gives you the skills to become a safe, reliable baby-sitter. At the conclusion of the class participants will receive a Red Cross Babysitting certificate and a resource binder.

Sealed Air Branch - Conference Room

Tuesdays from 4:00pm-5:00pm for 8 weeks

January 12th, 19th, 26th, February 2nd, 9th, 16th, 23rd & March 2nd

\$125 Member/\$150 General Public

THE YMCA'S SWIM TEAM

The next step in your child's swim career. Swimmers refine their strokes, learn how to compete and learn how to be a team player. SEAY is also dedicated to teaching kids good sportsmanship and fair competition.

Swim Team Spring/Summer Tryouts

Monday, April 19, 5:00pm-6:00pm

Stop out anytime! We have a few openings available for the Fall-Winter season.



For more info call Coach Wright at 262.994.3157 or visit the team's website at www.sea-y.org

YOUTH/ADULT SPORTS

CHARACTER FIRST, COMPETITION SECOND

The youth sports program at the Y has four goals regardless of the skill level of the child: skill improvement, knowledge growth, character development and most importantly FUN! Our instructional program focused on giving children an equal opportunity to improve game fundamentals, game knowledge, sportsmanship, teamwork and appropriate competition. Levels may be combined or divided based on enrollment.

YOUTH BASKETBALL LEAGUE

March 20th – May 8th

The Youth Basketball league will give your child the opportunity to develop skills and fundamentals through coaching and game play. Games are held on Saturdays for **Sophomore, Junior and Senior** divisions. Come join the fun! All athletes will receive a team t-shirt.

Mites and Mighty Mites will meet on Friday evenings for an instructional practice followed by a game. Participants will receive the same color shirts and scrimmages will be played round robin style every week. Our goal is to provide children with the proper fundamentals and techniques to grow as basketball players and team mates.

REGISTRATION INFORMATION

Registration: February 8th – March 6th

Games: **Sealed Air Branch**

COED DIVISION

Mites Pre K – Kindergarten

Mighty Mites 1st grade – 2nd grade

Sophomores 3rd grade – 4th grade

Juniors 5th grade – 6th grade

Seniors 7th grade – 8th grade

\$60 Member/\$80 General Public

Early Bird Registration: February 8th-27th (Save \$5)



YOUTH INSTRUCTIONAL BASKETBALL

This class is for boys and girls of all skill levels and will teach good sportsmanship, teamwork and the fundamentals of basketball. Class meets once a week in the evenings Sealed Air Branch.

Sealed Air Branch

Beginner Ages 4-6 years

Tuesday 6:00pm-6:45pm

Intermediate Ages 7-9 years

Tuesday 7:00pm-7:45pm

Winter: \$55 Member/\$70 General Public (7 wks)

Register by December 30th and save \$5

POP-UP CLASSES AND CAMPS

Happening throughout the year. Stay informed by following our Facebook page or signing up for our weekly YMCA newsletter. Some exciting pop-ups are volleyball camps, Pickleball tournament, Parent tot tumbling, running clubs and more.

YOUTH INDOOR SOCCER LEAGUE

January 9th – February 20th

The Racine Family YMCA is excited to have Oscar Toscano and TJ Hearn bring their expertise, passion, and experience to our indoor soccer program. Oscar is a graduate of Horlick High School in Racine, WI where he was High School Soccer Player of the year, All-County and All-Conference. He continued playing at the collegiate level at UW Parkside where he led the team in assists and achieved All-Midwest. He still holds records in career points in career assists. Oscar has reffed youth, high school and at the collegiate level. He reached state level 6 certification. He has coached for over 30 years at the youth and amateur levels. He currently holds the following **licenses and diplomas**: USSF National E license, USSF National D license, USSF National C license and NSCAA National diploma.

League format: Soccer fundamental development followed by a game. Game durations vary by division. Each division will be rotated within their division weekly to promote play with different individuals each week.

REGISTRATION INFORMATION

Registration begins: December 1st – 28th

In-person registration at the Sealed Air Branch is required.

Games: **Sealed Air Branch**

COED DIVISIONS

Mites Pre K – Kindergarten

Mighty Mites 1st grade – 2nd grade

Sophomores 3rd grade – 4th grade

Juniors 5th grade – 6th grade

Seniors 7th grade – 8th grade

\$120 Member/\$140 General Public

Early Bird Registration: December 1st-19th (Save \$5)



OUTDOOR KICKBALL LEAGUE – COMING IN MAY

Bring your children to our exciting new league!! This league promotes hand-eye coordination and team work, develops social skills and more while participants have fun working together. League runs May 22nd-June 26th

Registration: April 5th-May 8th

Early Bird Registration: April 5th-April 24th (Save \$5)

\$55 Members/\$70 General Public

Athletes may be required to wear masks while playing, spectators may be limited and league format may change due to changing restrictions at the local, state and national levels.

MORE YOUTH/ADULT SPORTS

FIRST TEE

First Tee is a program that sees golf as a metaphor for life—a game with unexpected challenges and ups and downs that help build strengths beyond the technical skills to play the game. Through introspective questions, interactive games, and immersive golf exercises, we design each lesson to help kids build a better understanding of themselves. We empower them to strengthen the traits used to succeed in everything they do. Research proves it works. First Tee knows that character is cultivated to enable kids to build the strength of character that empowers them through a lifetime of new challenges. Join our First Tee trained staff to experience it for yourself. Sealed Air Branch: Tuesdays, 6:00pm–7:00pm
Spring 1: \$55 Members/ \$ 70 General Public (8 weeks)
Register by February 18th and save \$5

TAE KWON DO

Tae Kwon Do provides an excellent workout that offers discipline for the mind and body. Our progressive program teaches proper techniques, self-defense awareness, and practical application. Ages 5 and up.

Sealed Air Branch

Monday & Wednesday, 7:00pm–8:30pm

New for 2021: Recurring Monthly Fees

Fees will automatically be drafted on the same date every month.

\$50 Members Monthly/\$75 General Public Monthly

Each additional Family member

\$30 Member Monthly/\$45 General Public Monthly

JUDO & JUJITSU

Leland Roth, our lead instructor, brings 30 years of teaching experience. Beginning students learn the fundamentals of Olympic style Judo and Jujitsu. This includes learning how to fall, throw, pin and Jujitsu (self-defense) techniques. Continuing students can learn advanced Judo and Jujitsu techniques.

Sealed Air Branch

Ages 7 and up

Tuesday & Thursday

Beginner, 6:30pm–7:00pm

Intermediate/Advanced, 7:00pm–8:00pm

New for 2021: Recurring Monthly Fees

Fees will automatically be drafted on the same date every month.

\$40 Members Monthly/\$55 General Public Monthly

Each additional Family member

\$22 Member Monthly/\$30 General Public Monthly

ADULT CO-ED VOLLEYBALL LEAGUE

Are you ready to relieve some stress and expend some energy? Join the YMCA for our recreation competitive **Thursday night** league. The team with the best record will receive a team trophy. League begins February 18.

Registration: January 4th–February 6th

Early Bird Registration January 4th–22nd (Save \$25)

FEE: \$275/team

2021 LIGHTHOUSE RUN

DATE TO BE DETERMINED

During its 42-year history, the Racine Family YMCA's Lighthouse Run, presented by Educators Credit Union and The Journal Times, has evolved into one of Wisconsin's premier run/walk events.



That tradition continues with the, **Image Management 10 Mile Run**, **Twin Disc 4 Mile Run**, the **Modine 4 & 2 Mile Fun Run/Walk**, **Cree Lighting Mascot Challenge** and **Land Mark Credit Union Kids Power Race**.

Offering competitive and non-competitive events, the Lighthouse Run serves as the official kickoff to summer fitness awareness.

REGISTRATION: More information coming soon at www.lighthouse-run.com and social media



CELEBRATE WITH US

Y members and the community can rent our wonderful facilities!

Need a unique space to celebrate a birthday, family reunion, graduation, other special occasion or meeting?

The Racine Family YMCA offers family and group room rentals that provide the perfect venue for your get-together! The Y is an energizing place for corporate meetings, training and social events. We have a variety of rental spaces available to suit your event needs.

We offer a variety of rental spaces and services at our Sealed Air, Riverside and George Bray Neighborhood YMCA branches at reasonable rates to meet your specific event needs. Each branch provides different facilities for hosting a variety of events.

Birthday Party reservations will open January 16th for the Sealed Air Branch and SC Johnson Community Aquatic Center.

For more information about our rentals and exciting party packages, please visit our website at ymcaracine.org. For space availability and additional details, call 262.634.1994 or email frontdesksa@ymcaracine.org.

YOUTH AND FAMILY ENRICHMENT

ENHANCE CHILDREN'S COGNITIVE, PHYSICAL, SOCIAL AND EMOTIONAL DEVELOPMENT THROUGH A VARIETY OF FUN-FILLED ACTIVITIES

PRESCHOOL ENRICHMENT

PARENT/TOT ART CLASS (Ages 2 & Up)

Is your child a budding artist? This class will offer you and your child the opportunity to work together and create art that can be displayed at home and cherished for years to come. Art activities will include but not be limited to canvas, water color, three-dimensional and more.

Sealed Air Branch - Prime Time

Tuesdays (March 2-March 23) 10:00am - 10:45am

\$45 Member/\$60 General Public

Register by February 22nd and save \$5

WHAT'S FOR SNACK (Ages 2 & Up)

Do you have a picky eater? Do you feel like you are making the same snacks all the time? Join us for a "cooking class" meant for you and your child. Leave tasting new snacks and recipes you can recreate at home.

Sealed Air Branch - Prime Time

Tuesdays (March 30-April 27) 10:30am - 11:15am

No Classes April 6.

\$45 Member/\$60 General Public

Register by March 22nd and save \$5

WHAT'S GROWING? (Ages 3 - 5)

Introduce your children to the steps of gardening, soil preparation, seeds, planting, care for seedlings and more. Each child will leave with their own homemade container garden to care for after the class is over.

Sealed Air Branch - Prime Time

Tuesdays (May 4-May 25th) 10:30am - 11:15am

\$40 Member/\$55 General Public

Register by April 26 and save \$5

SCHOOL DAYS OUT

(when RUSD in person format returns)

The School Days Out program brings you back to summer... How, you ask? During SDO your child will engage in STEM activities, swim, and much much more. Each day is themed and planned with a variety of activities.

\$35/day Members/ \$50/day General Public

Enrollment minimum of 12 children per day

VIRTUAL LEARNING CENTER

While RUSD is running its virtual learning format, we will continue to provide care for students in grades K-5th. This program facilitates the children while they are virtually with their RUSD teacher. After the virtual school day is over, we switch into our SDO program.

The school day runs from 7:00am-1:40pm

"after school" activities begin at 1:45pm until 5:30pm.

\$30/day Members/ \$45/day General Public

\$125/Members/ \$200 General Public—5 days a week

Enrollment minimum of 12 children per day

SUMMER DAY CAMP

DAY CAMP AT SEALED AIR

We're getting ready for Summer 2021! Our camp will run for 11 weeks starting June 14th and running through August 27th.

Our staff is working on exciting weekly themes and new innovative ways to make summer 2021 like no summer before.

Registration is now open for 2021

1-3 days \$175 Members/ \$195 General Public

4-5 days \$195 Members/\$225 General Public

DAY CAMP AT UNION GROVE

Camp UG is getting ready for Summer 2021!

Our camp will run for 10 weeks starting June 7th and ending August 13th.

Our staff is working on exciting weekly themes and new innovative ways to make summer 2021 like no summer before.

Registration is now open for 2021

1-3 days \$130 members/ \$155 General Public

4-5 days \$155 members/\$180 General Public

Save.....Save.....Save

Summer Day Camp free registration (a \$30 value) for camp from

January 4th through January 30th.

RESIDENT CAMPS

Great summer options for youth! Check out Camp Manitowish & Camp Jorn at: manito-wish.org or campjornymca.org

FAMILY FUN

Keep an eye on our Facebook page and website for our upcoming family adventures.

QUESTIONS?

Contact Katie Svendsen
262.898.4558

GROUP FITNESS

LIVE AND VIRTUAL CLASS DESCRIPTIONS

Our YMCAs offer a wide variety of group fitness classes for almost every ability and interest. You'll find low-impact and beginner classes, cardio fitness, dance, Pilates, cycle and Yoga and more advanced cycle, boot camp and kickboxing classes.



GROUP FITNESS SCHEDULES: Our group fitness schedule is available on our website at ymcaracine.org/schedules or on our MotionVibe site at ymcaracine.motionvibe.com and our Racine Family YMCA app.

RESERVATIONS: Group fitness classes are for YMCA Members age 14 and older. (members under 18 must be accompanied by an adult.) Reservations are required for our group fitness classes. Reserve your spot 7 days in advance through our MotionVibe site or on our Y mobile app (see page 3 for details).

GROUP FITNESS "LIVE" ACTIVE OLDER ADULT CLASSES

Senior classes are fun & challenging. These low-intensity exercise classes are specifically designed to improve overall health with a good workout. Benefits: Muscular Strength, Cardiovascular Endurance, Balance, Flexibility, Mobility & Focus.

CARDIO CLASSES

Cardio classes are fun & challenging workouts. These low, medium and high-intensity exercise classes are specifically designed for cardiovascular conditioning. Benefits: Coordination, Flexibility, Balance, Focus and Endurance.

CYCLING CLASSES

Cycling classes are exciting and challenging workouts. These low, medium & high-intensity classes are specifically designed to build cardiovascular strength & endurance. Benefits: Increased Strength, Speed, Power and Endurance.

DANCE CLASSES

Dance classes are fun and challenging workouts. These low and medium intensity exercise classes are specifically designed to tone muscles, develop core strength and increase balance. Fitness Benefits: Cardiovascular Strength, Muscle Toning, Core Strength and Increased Balance.

PILATES & CORE CLASSES

Pilates and Core classes are energizing and challenging workouts. These low, medium and high-intensity exercise classes are specifically designed to work all major muscles in the body. Benefits: Improved Flexibility and Increased Balance.

STRENGTH & CONDITIONING CLASSES

Strength and Conditioning classes are fun and challenging workouts. These low, medium & high-intensity exercise classes are specifically designed to target the entire body utilizing a variety of traditional, functional & strength training tools. Benefits: Muscular Strength, Endurance, Cardiovascular Conditioning & Functional Fitness.

WATER EXERCISE CLASSES

Water Fitness classes are fun & challenging workouts. These low, medium, and high-intensity exercise classes are specifically designed to be low impact and ideal for all fitness levels, non-swimmers welcome. Benefits: Improved Cardiovascular Endurance, Muscle Conditioning, Muscle Toning and Full Body Workout.

YOGA & FLEXIBILITY CLASSES

Yoga & Flexibility classes are fun and challenging workouts. These low-intensity exercise classes are specifically designed to include a variety of non-impact fitness options for all fitness levels. Benefits: Improved Flexibility, Balance, Focus & Muscle Strengthening.

GROUP FITNESS "VIRTUAL"

Your Y membership now includes virtual fitness options including live stream classes with your favorite instructors and on-demand workouts from local and national Y instructors, plus all the exclusive Y content and resources you love and miss. Participation is easy! Current members can login to MotionVibe and access Virtual YMCA to get started.

VIRTUAL "LIVE" & VIDEOS

As part of your membership, you can join the Y with "LIVE" workouts & videos, hosted by our very own group fitness instructors to give you comfort of your own home. To access, visit ymcaracine.motionvibe.com for class registration and link. Not yet a member? See Page 3 for sign-up details. In MotionVibe, you can register for the class and find the link to start the class.

VIRTUAL ON-DEMAND: YMCA 360

Welcome to the YMCA's on-demand healthy living network. It's your favorite classes, top instructors, and the Y community, available at home, on the road, 24/7, and 360 degrees. From Boot Camp to Yoga, Active Older Adults to Youth Sports, YMCA 360 matches your lifestyle with a growing library of online videos for you and your family. Y members can view on demand videos by logging into MotionVibe.

VIRTUAL "STUDIOS" COMING SOON!

LES MILLS™ Virtual workouts will be available soon at our Riverside and Sealed Air Branch!

We know keeping a routine has never been more important and you can't always make the scheduled "LIVE" classes, so we are bringing state-of-the-art virtual classes to our studios. LES MILLS™ Virtual workouts combine our world-leading fitness programs with pumping sound and motivation from some of the hottest instructors on the planet. It's a truly inspiring experience that will drive amazing results. Virtual classes are updated every three months with new choreography and music, just like our live classes. Many are also available in different lengths.



BODY PUMP™ RS, SA

Get toned, lean and fit with this total body workout, suitable for everyone. View BODYPUMP

BODYCOMBAT™ RS

Power your way to total fitness with this martial arts-inspired workout. Available in 30 and 60-minute formats. View BODYCOMBAT

BODYFLOW™ RS, SA

Combining yoga, Tai Chi and Pilates, this 30 or 55-minute class improves your mind, body and soul. Suitable for all. View BODYFLOW

RPM™ RS, SA

A 30 or 50-minute indoor cycling class set to motivating music. Burn calories, get fit and feel euphoric. View RPM

LES MILLS GRIT™ RS, SA

A series of 30-minute HIIT workouts, scientifically designed to deliver results through intense athletic training. View GRIT

LES MILLS SPRINT™ SA

A 30-minute High-Intensity Interval Training (HIIT) workout, using an indoor bike to achieve fast results. View LES MILLS SPRINT

PERSONAL TRAINING

REALIZE YOUR POTENTIAL

By working with a trainer, you will receive instruction and encouragement to push yourself further than you can imagine. Ultimately, we hope you can become your own personal trainer, having the confidence and motivation to take charge of your own health and well-being. You will love the energy you feel after a great workout with our trainers, and the satisfaction of making fitness a priority in your life! Work out one-on-one, with a partner or as a small group by purchasing a personal training package at one of our Y locations. Sessions are 30 or 60 minutes and are available in packages of 4, 8 or 12 sessions.

Paid in Full Packages All fees are per person	4 Session Package		8 Session Package		12 Session Package	
	30 Minutes	60 Minutes	30 Minutes	60 Minutes	30 Minutes	60 Minutes
Personal (1:1)	M\$125/GP\$175	M\$239/GP\$335	M\$225/GP\$315	M\$435/GP\$605	M\$299/GP\$420	M\$579/GP\$805
Partner (1:2-3)	M\$75/GP\$105	M\$145/GP\$199	M\$135/GP\$189	M\$259/GP\$365	M\$179/GP\$249	M\$349/GP\$479

Stop by the Welcome Desk for paid in full package terms. All packages expire in 6 months.

PERSONAL TRAINING—MONTHLY PLAN PROGRAM

What is the Personal Training Monthly Plan Program? A simple, easy way to pay monthly for personal training sessions to help keep you on track with your fitness goals and to ensure that you pay the lowest rate possible.

Benefits of monthly? Say goodbye to higher-rate, larger-cost packages! Your body benefits best when you're in a consistent routine showing continuous improvement.

Monthly Plan Packages All fees are per person	1x per week/4 sessions/month		2x per week/8 sessions/month		3x per week/12 sessions/month	
	30 Minutes	60 Minutes	30 Minutes	60 Minutes	30 Minutes	60 Minutes
Personal (1:1)	\$119	\$229	\$215	\$415	\$285	\$549
Partner (1:2)	\$69	\$135	\$125	\$239	\$165	\$319

Stop by the Welcome Desk for monthly plan package terms.

SMALL GROUP PERSONAL TRAINING (SGPT)

Train Together

Enjoy all the benefits of personal training and make new friends as you reach your fitness goals with small group personal training. We offer a wide variety of training programs taught by certified instructors who provide you a safe, effective workout for your health & fitness needs. Already have a group of people who want to train together? You can create a small setting at the time and dates your group prefers.

Small Group Personal Training All fees are per person	3 week session		4 week session		5 session	
	30 Minutes	60 Minutes	30 Minutes	60 Minutes	30 Minutes	60 Minutes
Paid in Full	M\$19/GP\$24	M\$39/GP\$49	M\$24/GP\$29	M\$49/GP\$59	M\$29/GP\$34	M\$59/GP\$69
Monthly Plan (*2 Month Min.)	M\$17/GP\$22	M\$35/GP\$45	M\$22/GP\$27	M\$45/GP\$55	M\$27/GP\$32	M\$55/GP\$65

TRX TRAINING

Get fast, effective, total-body workouts with TRX to strengthen your core, improve stability and increase muscular endurance. TRX is a total body resistance exercise that uses a suspension training system, making it possible for you to use your own body weight and gravity for an effective workout. Participants can customize the difficulty of their workout by making simple adjustments to the TRX system. Small Group Training offers individual attention by a certified personal trainer.

TRX Fusion: Mon 9:30-10:30am or Fri 5:00-6:00am TRX 30: Thu 8:30-9:00am or Fri 8:00-8:30am

SPORTS AND AGILITY TRAINING

There are many benefits of speed and agility training, including an increase in athleticism, confidence and improvement of fitness levels. The workouts improve acceleration, deceleration, foot speed, quickness and change of direction. If you want to get better at a sport you must develop your overall athleticism. Building an athletic foundation and motor skills is key and gives you the base to build your sport-specific skills in a balanced way. For first time sport players or veteran athletes it provides the opportunity to get faster, stronger and more skilled without risking overuse injuries from using the same motions.

WOMEN ON WEIGHTS

Designed for women who want to increase their strength and fitness, Women on Weights focuses on teaching exercise routines using free weights. Groups are small and are for beginner to advanced strength training. Watch for additional Small Group Trainings on our website ymcaracine.org.

SPECIALTY TRAINING PRE & POST REHAB TRAINING

An injury can have a dramatic effect on the quality of life. Recovery from injury or surgery can present a number of challenges that may take a physical, mental and emotional toll. The pre-rehab training will prepare you for your upcoming surgery. The post-rehab program provides a continuation of healing for individuals recovering from musculoskeletal injuries, after discharge from rehabilitative services and will assist you in returning to not only your normal daily activities but also to help you meet any fitness or sports goals. Your Physical Therapist will work directly with your certified Personal Trainer to relay the history of your injury or surgery and physical therapy as well as ensure appropriate exercise progression.

Program fee includes an eight-week program consisting of 12 visits with a certified personal trainer. Two 45-minute sessions per week during the first four weeks. One 45-minute session per week for the second four weeks. Sessions include warm up, land or water program and cool down/stretch. **Fees: Members \$350/General Public \$450**

For more information on training programs, email lboehm@ymcaracine.org

12 MEMBER REGISTRATION BEGINS: WINTER-DECEMBER 14 | SPRING 1-FEBRUARY 8 | SPRING 2-APRIL 12

HEALTHY LIVING COMMUNITY HEALTH INITIATIVES

Community Health programs will be offered this fall as virtual and in-person programs. In these changing times, we will post all schedule and program updates on our website as they become available, ymcaracine.org.

DIABETES PREVENTION PROGRAM

If you are at high risk of developing Type 2 Diabetes, the YMCA's Diabetes Prevention Program can help you make lifestyle changes that will improve your overall health and well-being and reduce your chances of developing the disease. In order to qualify for the program, participants must be at least 18 years old, overweight (BMI \geq 25) and at high risk for developing Type 2 Diabetes or have been diagnosed with



prediabetes. Class dates, times and location are based on demand. To see if this program is a covered benefit, please check with your employer or health insurance provider.

MOVEWELL TODAY®

The MoveWell Today® Diabetes Exercise Program (DEP) is an outcome-based licensed physical activity intervention program for diabetes prevention and self-management. The program adheres to the American College of Sports Medicine and American Diabetes Association exercise guidelines.

REDUCE YOUR RISK

An individualized exercise orientation and prescription will be completed for all participants.

- Group exercises focused on cardio and resistance training.
- Weekly independent circuit training exercises.

MEASURABLE GOALS ONE STEP AT A TIME

- Significant improvements from decreased HbA1c levels>
- Improve physical fitness level, nutrition knowledge, and confidence level.
- Improve lifestyle habits.
- Knowledge and self management tools to improve your health.

EXERCISE FOR PARKINSON'S

Building Strength to Thrive
Offered through a partnership with Aurora Health Care.

Our Exercise for Parkinson's class is designed to help individuals with Parkinson's maintain an active lifestyle while focusing on cardiovascular conditioning, flexibility and balance. Participants work with a Physical Therapist and Fitness Specialist.

Monthly Fee:

2x a week Members \$50 members/General Public \$75
3x a week Members \$75 members/General Public \$105



PEDALING FOR PARKINSON'S

More than one million Americans are living with Parkinson's disease and nearly 60,000 new diagnoses occur each year. There is no known cure, and the risk of developing Parkinson's disease increases with age. Pedaling for Parkinson's uses group cycling and support to reduce symptoms in Parkinson's disease sufferers and improve the quality of life of patients and their caregivers.



YMCA staff are trained by certified indoor cycling instructors following the Pedaling for Parkinson's protocol and monitor heart rate and exercise frequency.

Eligibility Requirements

- Adults ages 30-75
- Parkinson's disease clinical diagnosis, medical clearance
- YMCA membership not required

Monthly Fee:

3x a week Members \$50 members/General Public \$75

LOVE YOUR HEART

Blood Pressure Self Monitoring Program

The Blood Pressure Self-Monitoring program is to help adults with hypertension lower and manage their blood pressure. The four-month program focuses on regulated home self-monitoring of one's blood pressure using proper measuring techniques, individualized support and nutrition education for better blood pressure management. With the support from a trained Healthy Heart Ambassador, participants:

- Measure and record their blood pressure at least two times per month
- Attend two personalized consultations per month
- Attend monthly Nutrition Education Seminars ore energy

SALSA, SABOR Y SALUD

The first national program of its kind designed to encourage healthy lifestyles among Latino families – designed by Latinos for Latinos. Kraft Foods and NLCI launched the program. The eight-session program assists Hispanic families with children 12 and under to make healthy choices for eating and incorporate activity into their daily lives, getting the whole family involved.

It's based on four messages:

- Eat from all food groups every day.
- Be sensible about portions.
- Be physically active every day.
- Take small steps for success.

Community Health Programs will be available
"Live", Virtually or Live/Virtual,
check website for details or call 262.898.4552.

For more information contact:
Lyn Boehm, lboehm@ymcaracine.org

HEALTHY LIVING

COMMUNITY HEALTH INITIATIVES

MOVING FOR BETTER BALANCE

Helping You Feel Strong, Steady and Safe



Feeling unbalanced or unsteady can prevent you from taking part in basic everyday activities like cooking a meal or taking a walk with a friend. When

you're hesitant to be active, you may feel like life is passing you by. Moving for Better Balance can help you maintain your independence!

This 12-week, evidence-based group exercise program is based on the principles of Tai Chi teaching eight movements modified especially for fall prevention. Goals include improving balance, muscle strength, flexibility and mobility to enhance overall physical health. The safe and supportive group setting offers an opportunity to enjoy learning with like-minded adults and find relief from the isolation that can sometimes accompany living with limited mobility.



Eligibility Requirements

- 65 years or older, physically mobile, with impaired stability and/or mobility
- 45 years or older with a chronic condition that may impact stability and/or mobility

Monthly Fee:

2x per week Members \$15 members/General Public \$25

ENHANCE® FITNESS

Modified Moves, Maximum Results



Enhance® Fitness is an evidence-based group exercise program that helps older adults at all levels of fitness become more

active, energized, and empowered to sustain independent lives.

Enhance Fitness focuses on dynamic cardiovascular exercise, strength training, balance, and flexibility—everything older adults need to maintain health and function as they age, manage arthritis and reduce the risk of falls.

Participants have experienced the following changes:

- More energy
- Better balance
- Increases in upper body and lower body strength
- More flexibility and range of motion
- Better sleep
- More feelings of happiness
- Sense of independence

What participants can expect:

- Classes meet three times per week for 60 minutes each.
- Stand, sit or hold onto a chair for support.
- Focus on strength, flexibility, movement and balance.
- Make friends who support and cheer you on.

Monthly Fee:

3x per week Members \$20 members/General Public \$30

LIVESTRONG® AT THE YMCA

LIVESTRONG is a research-based physical activity and well-being program designed to help adult cancer survivors reclaim their total health. Participants work with Y staff trained in supportive cancer care to safely achieve their goals such as building muscle mass & strength; increasing flexibility & endurance; and improving confidence and self-esteem. By focusing on the whole person and not the disease, LIVESTRONG at the YMCA is helping people move beyond cancer in spirit, mind and body.



This is a 12-week program. **To learn more, contact: Andrea Bravo, abravo@ymcaracine.org or call 262.898.4551.**

TAI CHI

This centuries-old Chinese martial art descends from qigong, a discipline that has its roots in traditional Chinese medicine. Tai Chi involves a series of movements performed in a slow, focused manner and accompanied by deep breathing. This class has physical and mental benefits. With regular practice, Tai Chi improves muscle tone, flexibility, balance and coordination. Many older adults find that it boosts their energy, stamina, agility, sharpens their reflexes and gives an overall sense of wellbeing.



Aaron Richie, certified Tai Chi instructor will lead you through an hour long class. Pre-registration is required! Minimum enrollment: 6. Same day drop ins will be accepted.

Sessions Available:

Wednesday 10:30-11:30am
Friday 10:30-11:30am
Saturday 10:30-11:30am

Location: Sealed Air Branch

Members: \$10 month/General Public \$20 month
Fee based on 1 day per week

TRI-FITNESS SWIM WORKOUT - Sealed Air Branch

Stroke Analysis and technique drills, speed, endurance and efficiency. To join this class participants must be able to complete 25 yards & be safe in deep water. The Y's coaching staff will teach the rest. Great for triathlete & fitness swimmers who are looking for a pool challenge in a team environment. Wednesday and Friday, 6:00am-7:30am
Fee: \$25 Members/\$40 General Public

For more information contact:

Lyn Boehm, lboehm@ymcaracine.org



RACINE FAMILY YMCA
 245 Main Street
 Racine, WI 53403

262.634.1994 - SERVING RACINE SINCE 1875 - YMCARACINE.ORG

RACINE FAMILY Y MEMBER BENEFITS

Programs for the whole family and special family events • Full access to Riverside and Sealed Air Branches
 Nationwide Membership to Ys across the nation • FREE Babysitting • FREE Equipment Orientation
 FREE Fitness/Aquacise Classes including: Zumba, BodyPump™, Spin, Kickboxing and more!
 Plus, when you join the Y, you become part of an organization that is committed to strengthening our community.

SEALED AIR BRANCH
 8501 CAMPUS DRIVE
 MOUNT PLEASANT, WI 53406



- Full Size CNH Gymnasium
- Indoor Walking/Running Track
- Wellness Center with full range of resistance & Cardio Equipment and Running Track.
- 2 swimming pools: Waterslide and Family Fun Pool and Lap Pool
- Multi-Generational Room
- Adult, Youth & Family Locker Rooms

RIVERSIDE BRANCH
 141 MAIN STREET
 (ENTER OFF STATE)
 RACINE, WI 53403



- Fitness Studio
- Wellness Center with full range of resistance and Cardio Equipment
- Adult Locker Rooms

The **RACINE FAMILY YMCA** expresses sincere thanks to all the individuals, companies, foundations and government agencies that #StayedWithUs and #CaredWithUs during the COVID-19 pandemic. Thanks to you, we were able to continue providing our essential community services to children and families, and serve more than 18,000 healthy, free lunches to Racine students during the school shutdowns. Racine County came together during a time of unprecedented crisis to help care for vulnerable seniors, children and families, and we are so grateful to be part of this extraordinary effort. We truly are a #StrongCommunity!



THE SIMPSON FAMILY - ERIC & LISA OLESEN - BRIAN & ANGELA LEE - THE WESLASKI FAMILY
 MEAD WITTER FOUNDATION - RACINE COMMUNITY FOUNDATION - ELLEN & DAVE EASLEY - TWIN DISC
 BUTTER BUDS - RUUD FAMILY FOUNDATION - CARON BUTLER - SC JOHNSON - THE LANG FAMILY FOUNDATION, INC.
 WHEATON FRANCISCAN ALL SAINTS FOUNDATION - LAKESIDE LEGACY FUND - CREE LIGHTING - MODINE