



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**SPRING 2  
PROGRAM GUIDE**  
April 22 - June 8

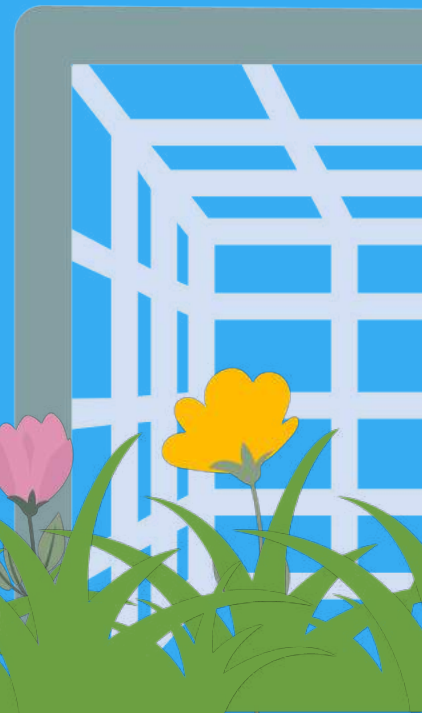
# RACINE FAMILY YMCA

## BRANCH LOCATIONS

**Image Management Family YMCA**  
8501 Campus Dr.  
Mount Pleasant WI, 53406

**George Bray Neighborhood YMCA**  
924 Center St.  
Racine WI, 53403

**Riverside YMCA**  
141 Main St.  
Racine WI, 53403



# TABLE OF CONTENTS

**QUESTIONS?  
CALL 262.898.4551**

MEMBERSHIP	3
DAY PASSES & LOCKER RENTAL	4
MOTIONVIBE	5
SPECIAL EVENTS	6
YOUTH SPORTS	7
SUMMER CAMP	8
CHILDWATCH & B-DAY PARTIES	9
AQUATICS	10
HIRING LIFEGUARDS	11
HEALTHY LIVING	12
COMMUNITY HEALTH	13
GROUP FITNESS	14
DANCE & MARTIAL ARTS	15
DIVE IN MOVIE	16
GEORGE BRAY Y BRANCH	17
DONATIONS	18



**SCAN ME TO  
REGISTER FOR  
PROGRAMS**



**the Y NOW  
HIRING**



- Lifeguards
- Child Watch
- Welcome Desk
- Sports & Rec

# MEMBERSHIP

MEMBERSHIP TYPE	MONTHLY RATES	LOYALTY MONTHLY RATES	MEMBER LOYALTY PROGRAM
Adult (30-59)	\$64.00	\$54.00	<p>To become a <b>Loyalty Member</b> you must make 12 consecutive monthly payments toward your membership. The Member Loyalty program includes the <b>following benefits:</b></p> <ul style="list-style-type: none"> <li>• <b>Membership Rate will always be \$10/month less than the current standard rate</b></li> <li>• <b>10% Discount on MOST programs</b></li> <li>• <b>Double guest passes: Member Loyalty members will receive 6 guest passes per account</b></li> <li>• <b>Special Member Loyalty key tags for everyone over the age of 14</b></li> <li>• <b>Receive a YMCA color changing cup + wristband</b></li> </ul> <p><b>Check with our Welcome Desk to see if you qualify!</b></p>
Senior (60+)	\$58.00	\$48.00	
2 Adult Household	\$85.00	\$75.00	
Young Adult (18-29)	\$41.00	\$31.00	
Household + Children under age of 24	\$89.00	\$79.00	
2 Senior Household (One Being Age 60+)	\$76.00	\$66.00	
Youth (8-17)	\$30.00	\$20.00	

\*Proof of residency is required for children on memberships

\*Silver insurance memberships at reduced rates - Contact your insurance provider to see if you qualify



\*Corporate rates are BACK! - Stop at the welcome desk to see if you qualify!



IMAGE MANAGEMENT FAMILY Y BRANCH

## FACILITY HOURS

MONDAY-FRIDAY 5:00AM-9:00PM  
 SATURDAY 6:00AM-5:00PM  
 SUNDAY 6:00AM-4:00PM



RIVERSIDE Y BRANCH

## FACILITY HOURS

MONDAY-THURSDAY 5:00AM-7:00PM  
 FRIDAY 5:00AM-6:00PM  
 SATURDAY 7:00AM-12:00PM  
 SUNDAY 8:00AM-11:00AM

## HOLIDAY HOURS

**5:00am-12:00pm**

CLOSED Christmas Day & Easter

# DAY PASSES

The general public is welcome to visit the Racine Family YMCA anytime by purchasing a day pass. Individuals under the age of 12 MUST be accompanied by a parent or legal guardian to visit the Y. To use the fitness center, children under the age of 16 must be accompanied by a parent or legal guardian. Adults accompanying children are required to purchase a day pass and remain in the building regardless of intended use/non-use of facility amenities.

## DAY PASS PRICING

**Youth (17 and under): \$10**

**Adult: \$15**

**Family (up to 5 people): \$25**

**Senior (60+): \$10**



## LOCKER RENTAL

### PRICING

Small Locker: \$36.00 per year

Half Locker: \$60.00 per year

Full Locker: \$84.00 per year

**Locks are available for purchase  
at the Welcome Desk for \$7**

**\*Lockers are available on a first come first  
serve basis while supplies last**

## Benefits of Y Membership

- NO contracts
- FULL FACILITY | Pool, gym, cardio & strength equipment, indoor track and group fitness studios
- DOWNTOWN | Cardio and strength equipment, group fitness studio
- group exercise classes included with membership
- Child Watch | Drop-in childcare while you work out
- FREE Drop-in Swim | Lap, Adult and Family Swim
- FREE Drop-in Court Time | Hoop time, Pickleball
- FREE Orientations | Learn how to use the cardio and strength training equipment
- Program Perks | Reduced program rates
- Nationwide Membership | Access to Ys throughout the United States
- FREE Member Guest Passes | Three per household each year, 6 after joining our loyalty program

## PICKLEBALL

Pickleball is a sport that combines badminton, tennis and ping-pong. Using a paddle, participants rally a whiffle ball over the net. Come join us for this low-intensity, high-excitement game that is fun for all age groups! The Y will provide nets. Members must bring their own Pickleball balls and paddles.



# MOTIONVIBE APP AND RESERVATIONS



## RESERVATIONS CAN BE MADE FOR:

- Child Watch
- Group Fitness classes

All gym schedules and other schedules can be found at [www.ymcaracine.org/schedule](http://www.ymcaracine.org/schedule).

## STEPS TO CREATE AN ACCOUNT

1. Enter your First Name, Last Name, the barcode on the back of your membership card
2. Create a Username and Password
3. Enter your Birthdate, Email address and choose **Racine Family YMCA**
4. Choose the activity schedule you want and you will see the schedule for the week
5. You will get a reminder email 2 hours prior to your reserved time.

**PLEASE UNRESERVE your time to allow others on the waitlist to attend if you cannot attend**

## What does the MotionVibe app do?

- Make your online reservations
- View up to date schedules
- Scan your barcode to scan into the Y
- Check-in for your reservation



# MULTIPLY YOUR IMPACT

Volunteer with the YMCA today!

INTERESTED? Email Hailey at [hhaluska@ymcaracine.org](mailto:hhaluska@ymcaracine.org)





# 2024 SPECIAL EVENTS



## APRIL

**HEALTHY KIDS DAY**  
Apr. 21  
12:00-4:00PM  
IMAGE MANAGEMENT Y BRANCH



## MAY

**NO EVENTS YET...  
STAY TUNED!**

## JUNE

**LIGHTHOUSE RUN**  
Jun. 15  
7:30AM-12:00PM  
DOWNTOWN RACINE



## JULY

**4TH OF JULY PARADE**  
July 4th  
DOWNTOWN RACINE



**DEMOLITION DERBY**  
July 28  
TBD  
RACINE COUNTY FAIR GROUNDS



## AUGUST

**NATIONAL NIGHT OUT**  
Aug. 6  
TBD  
GEORGE BRAY Y BRANCH



## SEPTEMBER

**END OF SUMMER BASH**  
Sept. 7  
10:00-4:00PM  
IMAGE MANAGEMENT Y BRANCH



## OCTOBER

**NO EVENTS YET...  
STAY TUNED!**

## NOVEMBER

**NO EVENTS YET...  
STAY TUNED!**

## DECEMBER

**NO EVENTS YET...  
STAY TUNED!**

SEE WHAT'S HAPPENING...ALWAYS

# FOLLOW US



ON OUR SOCIAL MEDIA

'Racine Family YMCA'

# YOUTH SPORTS



## GIRLS BASKETBALL



### Girls Basketball League (Grades 3-8)

Looking for a competitive league for youth girls basketball with college basketball rules? Are you looking to take your game to the next level against the best players in the area? Check into the game and take your game to new heights! 5 weeks of games, with practices one day a week for 1 hour.

LOCATION: George Bray Neighborhood YMCA

PROGRAM DATES: Saturdays, May 11 - June 8

FEE: \$40 Member -- \$50 General Public



## INTRO TO BASEBALL

### Instructional Baseball (Ages 8-12)

Our talented Sports and Rec staff are ready to improve and develop your child's baseball skills. Our class incorporates fundamental skills, sportsmanship, and team work. With a lifetime of playing and coaching the sport, this program is led under the instruction of Ural Jackson and Vinnie Rottino Sr.

LOCATION: Image Management Family YMCA

PROGRAM DATES: Wednesdays, June 12 - July 17

FEE: \$40 Member -- \$50 General Public



## BASKETBALL BOOTCAMP

### Coach Ray's Basketball Bootcamp (Grades 3-8)

Coach Ray Hamilton has served in many capacities as a leader in youth basketball in the area. He has a proven track record of working with various youth from different circumstances to provide an educational experience in the sport of basketball. If you're looking to gain a better understanding, become a better teammate and want to sharpen your overall skills, then this is your program!

LOCATION: George Bray Neighborhood YMCA

PROGRAM DATES: Tuesdays, May 21 - June 11

FEE: \$30 Member -- \$40 General Public



## LET'S KICK IT



The Racine Family YMCA has partnered with Oscar Toscano, with over 30 years of experience, to offer three levels of soccer development.

### Young Kickers (Ages 3-5)

Our young kickers program is set up to introduce your child to the sport of soccer through games, drills and skill development. Our young kickers will spend thirty minutes on skill development and finish with a fifteen minute scrimmage.

### Beginner (Ages 6-8)

Our beginner class is designed for children who are new or newer to the sport and want to increase their skills and development. Our beginners will spend forty-five minutes on skill development and finish with a fifteen minute scrimmage.

### Intermediate/Advanced (Ages 9-11)

Our intermediate/advanced class is designed for children who are already playing the sport and want to develop more specific skills. They will spend forty-five minutes on skill development and finish with a fifteen minute scrimmage.

LOCATION: George Bray Neighborhood YMCA

PROGRAM DATES: Saturdays, May 11 - June 1

FEE: \$30 Member -- \$40 General Public



## SOCCER LEAGUE

### Soccer League (Grades PreK-8)

Our Youth Rec Summer Soccer League gives your child the opportunity to develop skills and fundamentals through coaching and game play. Under the experience of Oscar Toscano, youth will develop skill and understanding through practice and league games. Practices will be held once a week under the guidance of Oscar Toscano and league coaches. The season is scheduled for 6 games per division. Players must have their own shin guards and plastic cleats, NO METAL CLEATS ALLOWED.

LOCATION: Franksville Park

PROGRAM DATES: Saturdays, June 15 - July 27

FEE: \$100 Member -- \$120 General Public

## Questions?

Contact Ryan Thompson, Sports & Rec Director

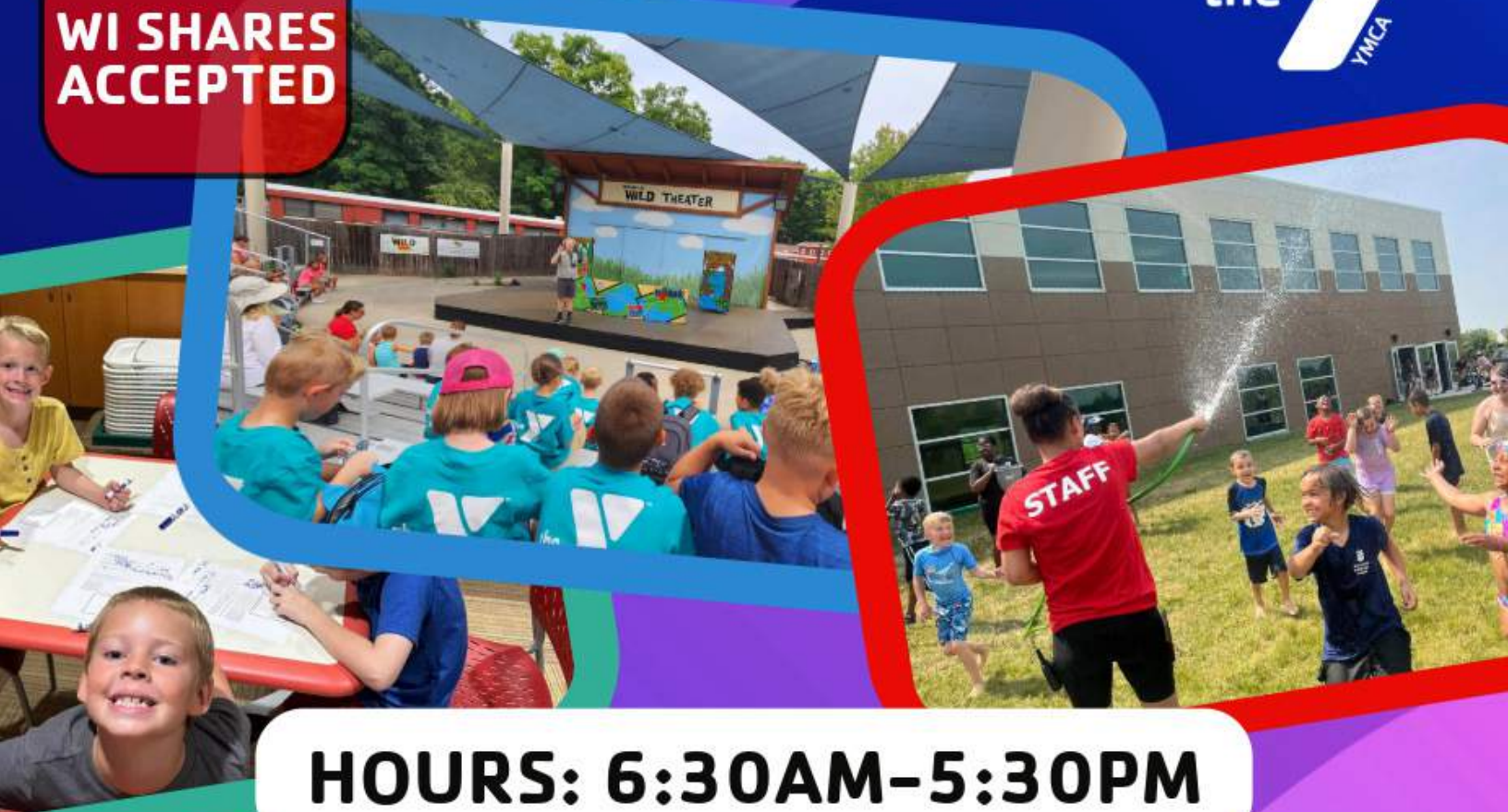
Email: [rthompson@ymcaracine.org](mailto:rthompson@ymcaracine.org)

# RACINE FAMILY YMCA SUMMER CAMP

MONDAY-FRIDAY  
June 3-August 30



WI SHARES  
ACCEPTED



**HOURS: 6:30AM-5:30PM**



Games & Activities



Swimming



Arts & Crafts



Weekly Field Trips



Stem



Licensed Camp

Questions? Email  
[Hhaluska@ymcaracine.org](mailto:Hhaluska@ymcaracine.org)





# CHILD WATCH

## Drop-In Childcare



Child Watch is available for ages 6 weeks to 12 years. Child Watch is childcare for our members and guests while they use our facilities.

**Please make all payments at the welcome desk prior to drop off.**

### HOURS

**AM:** Monday-Friday 8:00am-12:00pm

Saturday 8:00am-12:00pm

**PM:** Monday-Friday: 4:00pm-8:00pm

**Daily Time Limits:**

6 weeks-2 years: **1 hour**

3-12 years: **2 hours**

### FEES

Y members **MUST** register for Child Watch. Starting Jan.1, 2024 there will be a \$30 annual household registration fee.

(No additional charges for daily usage.)

**Non-Member Fee:** \$10 per visit



## BIRTHDAY PARTIES ARE BACK



Celebrate at the Y

### SPLASH PARTY - LEISURE POOL/TEEN CENTER

The "Splash Party" includes: Small pool with fountains, Lazy River, Leisure Pool and Water Slide. The slide may only be used by children 48 inches and taller. Your pool party is non-exclusive for a group of 20 children and 5 adults (\$5 additional fee per person). You will have use of your party room (Teen Center) for one hour after your pool time to open presents and serve food/refreshments. Max party size: 40.

**FEE: \$225 MEMBERS / \$325 Non-Member**

### GYM PARTY - GYM/TEEN CENTER

A "Gym Party" will use half of the gym for games planned by the party host. Party host may use the party room (Teen Center) to open presents and serve food/refreshments for one hour after gym use. Party size: 20 children and 5 Adults (\$5 additional fee per person). Max party size: 40.

**FEE: \$225 MEMBERS / \$325 Non-Member**

### TEEN CENTER

Party will be able to use the "Teen Center" room for two hours. The Teen Center includes: Ping-pong table, air hockey, foosball and more! The Teen Center can also be used to open presents and serve food/refreshments. Party size: 20 children and 5 adults (\$5 additional fee per person). Max party size: 40.

**FEE: \$175 MEMBERS / \$225 Non-Member**

ALL PARTY RENTALS MAY BE BOOKED BY CONTACTING HAILEY AT [HHALUSKA@YMCARACINE.ORG](mailto:HHALUSKA@YMCARACINE.ORG) PARTIES ARE TYPICALLY BOOKED WEEKS IN ADVANCE. PLEASE CONSIDER THIS WHEN MAKING YOUR PARTY PLANS

# AQUATICS

## POOL HOURS

MONDAY-FRIDAY	5:00AM-8:30PM
SATURDAY	6:00AM-4:30PM
SUNDAY	6:00AM-3:30PM

## FAMILY SWIM HOURS

MONDAY-FRIDAY	3:30PM-8:30PM
SATURDAY	9:00AM-4:30PM
SUNDAY	9:00AM-3:30PM

**\*SLIDE WILL BE OPEN THE LAST 15 MINUTES OF EVERY HOUR DURING FAMILY SWIM**

## WATER FITNESS CLASSES

### AQUA SPLASH

Fun, shallow waters exercises to improve agility, flexibility, and cardio endurance. No swimming skills required. You will use buoys, noodles & a special kickboard to develop strength, balance and coordination.

### AQUAROBICS

Aerobic exercises, dance movements, cardio conditioning, body isolations with the results being total body conditioning.

### AQUACISE

Reduce the stress on your joints with a great cardio & resistance workout using noodles and buoys to tone and sculpt muscles.

### DEEP WATER AQUACISE

A social deep water fitness class, using flotation belts, water resistance, dumbbells and noodles to give a full body workout.

### DEEP WATER FITNESS

**NO SWIMMING SKILLS NEEDED.** Using flotation belts, participants will work out in zero-impact suspension in the large pool at their own fitness level.

### Questions?

Contact Mathias Werve, Healthy Living Director  
Email: [mwerke@ymcaracine.org](mailto:mwerke@ymcaracine.org)

## SEA SWIM TEAM

### SEA SWIM TEAM

The next step in your child's swim career! Swimmers refine their strokes, learn how to compete and learn to be a team player. SEA-Y is also dedicated to teaching kids good sportsmanship and fair competition.

### SWIM TEAM TRYOUTS

For more info call Coach Neil at 262.994.3157 or visit the team's website at [www.sea-y.org](http://www.sea-y.org)



# WE'RE HIRING!

- SWIM INSTRUCTORS
- LIFEGUARDS



**WE TRAIN IN FIRST AID, CPR, AED  
AND LIFEGUARD CERTIFICATION**

## STAFF BENEFITS

- GREAT PAY
- FLEXIBLE SHIFTS
- FREE Y MEMBERSHIP

FOR MORE INFORMATION  
CONTACT REBECCA AT  
[RMANN@YMCARACINE.ORG](mailto:RMANN@YMCARACINE.ORG)

# HEALTHY LIVING

## PERSONAL TRAINING

### REALIZE YOUR POTENTIAL

By working with a trainer, you will receive instruction and encouragement to push yourself further than you can imagine. Ultimately we hope you can become your own personal trainer, having the confidence and motivation to take charge of your own health and wellbeing. You will love the energy you feel after a great workout with our trainers and the satisfaction of making fitness a priority in your life!

	4 Session Package		8 Session Package		12 Session Package	
	30 Min.	60 Min.	30 Min.	60 Min.	30 Min.	60 Min.
<b>Personal (1:1)</b>	M \$132 GP \$182	M \$265 GP \$365	M \$232 GP \$337	M \$465 GP \$675	M \$305 GP \$442	M \$610 GP \$885
<b>Partner Training (1:2-3)</b>	M \$80 GP \$160	M \$160 GP \$320	M \$140 GP \$217	M \$280 GP \$435	M \$187 GP \$272	M \$375 GP \$545

### SGPT: TRX TRAINING

Get fast, effective total-body workouts with TRX to strengthen your core, improve stability and increase muscular endurance. TRX is a total body resistance exercise that uses a suspension training system, making it possible for you to use your own body weight and gravity for an effective workout. Participants can customize the difficulty of their workout by making simple adjustments to the TRX system. Small group training offers individual attention by a certified personal trainer.

**TRX Fusion:** Monday 8:30-9:30am  
Friday 5:00-6:00am

**TRX 30:** Thursday 8:30-9:00am  
Fri. 8:00-8:30am

**Monthly Fees: \$60 Members -- \$120 General Public**



**Questions?**  
Contact Mathias Werve, Healthy Living Director  
Email: [mwerke@ymcaracine.org](mailto:mwerke@ymcaracine.org)



# COMMUNITY HEALTH



## TRI-FIT SWIM WORKOUT

Stroke Analysis and technique drills, speed, endurance and efficiency. To join this class participants must be able to complete 25 yards and be safe in deep water. The Y's coaching staff will teach the rest. Great for triathlete and fitness swimmers who are looking for a pool challenge in a team environment.

**Days:** Wednesdays and Fridays

**Times:** 6:00-7:30am

**Location:** Image Management Family YMCA Branch

**Fees: \$25 Members -- \$50 General Public**

**Fees are based on class 1 time per week**

## LIVESTRONG AT THE YMCA

LIVESTRONG is a research-based physical activity and well being program designed to help adult cancer survivors reclaim their total health. Participants work with Y staff trained in supportive cancer care to safely achieve their goals such as building muscle mass and strength, increasing flexibility and endurance and improving confidence and self-esteem. By focusing on the whole person and not the disease, LIVESTRONG at the YMCA is helping people move beyond cancer in spirit, mind and body.

**NEW SESSION:** Coming Fall 2024

**LIVESTRONG®**

**AT THE YMCA**

### Questions?

Contact Mathias Werve, Healthy Living Director  
Email: [mwerve@ymcaracine.org](mailto:mwerve@ymcaracine.org)

## PEDALING FOR PARKINSONS

More than one million Americans are living with Parkinson's disease and nearly 60,000 new diagnoses occur each year. There is no known cure and the risk of developing Parkinson's disease increases with age. Pedaling for Parkinson's uses group cycling and support to reduce symptoms in those affected by Parkinson's disease and improves quality of life for patients and their caregivers. YMCA staff are trained by certified indoor cycling instructors following the Pedaling for Parkinson's protocol and monitor heart rate and exercise frequency.

### Eligibility Requirements

- Measure and record their blood pressure at least two times per month
- Adults ages 30-75
- Parkinson's disease clinical diagnosis, medical clearance
- YMCA membership is not required

**Location:** Image Management Family YMCA Branch

**Monthly Fees: \$45 Members -- \$90 General Public**

## EXERCISE FOR PARKINSON'S

**Offered through a partnership with Aurora HealthCare.**

Our Exercise for Parkinson's class is designed to help individuals with Parkinson's maintain an active lifestyle while focusing on cardiovascular conditioning, flexibility and balance. Participants work with a Physical Therapist and Fitness Specialist.

**Location:** Image Management Family YMCA Branch

**Monthly Fees: \$55 Members -- \$90 General Public**  
(Fees are based on class two times per week)

**Monthly Fees: \$75 Members -- \$100 General Public**  
(Fees are based on class three times per week)

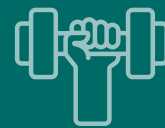


**LIVE BETTER  
REDUCE YOUR  
SYMPTOMS**





# GROUP FITNESS



## GROUP FITNESS SCHEDULES

Our group fitness schedule is available on our website at [ymcaracine.org/schedules](http://ymcaracine.org/schedules), on our MotionVibe site at [ymcaracine.motionvibe.com](http://ymcaracine.motionvibe.com) and our Racine Family YMCA app.

## RESERVATIONS:

Group fitness classes are for YMCA members age 14 and older (members under 18 must be accompanied by an adult). Reservations are required for our group fitness classes. Reserve your spot 7 days in advance through the MotionVibe site or on our Y mobile app.

## GROUP FITNESS "LIVE" ACTIVE OLDER ADULT CLASSES

Senior classes are fun and challenging. These low-intensity exercise classes are specifically designed to improve overall health with a good workout. Benefits: Muscular Strength, Cardiovascular Endurance, Balance, Flexibility, Mobility and Focus.

## CARDIO AND DANCE CLASSES

Cardio classes are fun and challenging workouts. These low, medium, and high intensity exercise classes are specifically designed for cardiovascular conditioning. Benefits: Coordination, Flexibility, Balance, Focus and Endurance.

## CYCLING CLASSES

Cycling classes are exciting and challenging workouts. These low, medium and high intensity exercise classes are specifically designed to build cardiovascular strength and endurance. Benefits: Increased Strength, Speed, Power and Endurance.

## PILATES & CORE CLASSES

Pilates and Core classes are energizing and challenging workouts. These low, medium and high intensity exercise classes are specifically designed to work all major muscles in the body. Benefits: Improved Flexibility and Increased Balance.

## STRENGTH AND CONDITIONING CLASSES

Strength and Conditioning classes are fun and challenging workouts. These low, medium and high intensity exercise classes are specifically designed to target the entire body utilizing a variety of traditional, functional and strength training tools. Benefits: Muscular Strength, Endurance, Cardiovascular Conditioning and Functional Fitness.

## WATER EXERCISE CLASSES

Water Fitness classes are fun and challenging workouts. These low, medium and high intensity exercise classes are specifically designed to be low impact and ideal for all fitness levels. Non-swimmers are welcome. Benefits: Improved Cardiovascular Endurance, Muscle Conditioning, Muscle Toning and Full Body Workout.

## YOGA & FLEXIBILITY CLASSES

Yoga and Flexibility classes are fun and challenging workouts. These low-intensity exercise classes are specifically designed to include a variety of non impact fitness options for all levels. Benefits: Improved Flexibility, Balance, Focus and Muscle Strengthening.

## BODYPUMP (LESMILLS)

Get toned, lean and fit with this total body workout that is suitable for everyone.

## BODY COMBAT (LESMILLS)

Power your way to total fitness with this martial arts inspired workout. Available in 30 and 60 minute classes.

## SHAPES (LESMILLS)

An invigorating blend of Pilates, barre, and power yoga set to modern beats. With small, controlled movements, you sculpt and strengthen all major muscle groups, improve alignment and increase flexibility.

# LESMILLS

Min. 6 participants for each class.

All participants must pre-register on our MotionVibe App

## Questions?

Contact Angela Pedraza, Healthy Living Coordinator  
Email: [apedraza@ymcaracine.org](mailto:apedraza@ymcaracine.org)



# DANCE & MARTIAL ARTS



## TAI CHI

Tai Chi is a centuries old Chinese martial art that descends from gigong, an ancient Chinese discipline that has its roots in traditional Chinese medicine. Tai Chi involves a series of movements performed in a slow, focused manner and is accompanied by deep breathing. This class has physical and mental benefits. If done regularly, it improves muscle tone, flexibility, balance, and coordination. Many older people find that it boosts their energy, stamina, agility, sharpens their reflexes, and gives an overall sense of well-being. Aaron Richie, certified Tai Chi instructor will lead you through an hour long class. Pre-registration is required! Minimum enrollment: 6

- Monday 10:30-11:30am (Riverside Branch)
- Wednesday 10:30-11:30am (Image Management Branch)
- Saturday 10:30-11:30am (Image Management Branch)

## Advanced Canes

- Wednesday 11:45-12:45pm (Image Management Branch)
- Saturday 11:30-12:30am (Image Management Branch)

## MONTHLY FEES: \$25 Member -- \$50 General Public

Fees will be auto drafted the 1st of every month.

PRICES INCLUDE UNLIMITED CLASSES PER WEEK

## JUDO & JUJITSU (Ages: 7 and up)

Leland Roth, our lead instructor, brings 30 years of teaching experience. Beginning students learn the fundamentals of Olympic style Judo and Jujitsu. This includes learning how to fall, throw, pin and Jujitsu (self-defence) techniques. Continuing students can learn advanced Judo and Jujitsu techniques.

**Days:** Tuesdays & Thursdays

**Times:** Beginner: 7:30-8:30pm

Intermediate/Advanced: 7:00-8:00pm

**Location:** Image Management Family Y Branch

## MONTHLY FEES: \$55 Member -- \$95 General Public

Fees will be auto drafted the 1st of every month.



## INTRO TO BALLET (Ages 4-9)

Intro to Ballet is a NEW program! Dancers will be introduced to fundamental ballet skills and techniques combining music and movement. This class is for beginner and new dancers. For any questions email Hailey at [hhaluska@ymcaracine.org](mailto:hhaluska@ymcaracine.org).

**MONTHLY SESSIONS:**  
Saturdays, starting April 6

**FEE: \$45 Member -- \$75 General Public**

Fees will be auto drafted the 1st of every month.

## TAE KWON DO (Ages 5+)

Tae Kwon Do provides an excellent workout that offers discipline for the mind and body. This progressive program teaches proper techniques, self-defense awareness and practical application.

**Days:** Mondays & Wednesdays

**Times:** 7:00-8:30pm

**Location:** Image Management Family Y Branch

## MONTHLY FEES: \$65 Member -- \$100 General Public

Fees will be auto drafted the 1st of every month.



**Introduction to Ballet Class**





2024

# NOW HIRING! SUMMER CAMP STAFF



## READY. SET. SUMMER!

### POSITIONS:

- **SITE DIRECTOR (Age 21+)**  
Responsible for overseeing and coordinating all aspects of camp operations.
- **COUNSELOR (Age 18+)**  
Camp counselors facilitate a fun and safe summer camp experience by guiding and engaging campers in various activities.

### YMCA BENEFITS:

- FREE YMCA membership
- Flexible Schedule
- NO weekends
- Year round employment opportunities

### APPLY TODAY!

**EMAIL YOUR RESUME TO:**  
[hhaluska@ymcaracine.org](mailto:hhaluska@ymcaracine.org)



Image Management Family YMCA Branch



# GEORGE BRAY NEIGHBORHOOD Y BRANCH



## FACILITY HOURS

MONDAY-THURSDAY 8:00AM-6:00PM  
FRIDAY 9:00AM-12:30PM  
SAT.-SUN. RENTALS ONLY

**924 Center St. Racine WI, 53403**



### Questions?

Contact Quincy Harrison, Center Director  
Email: [qharrison@ymcaracine.org](mailto:qharrison@ymcaracine.org)

### **YOUNG LEADERS ACADEMY (YLA)**

Young Leaders Academy is the Y's after school academic support and development program for children in 2nd-12th grade. YLA offers homework assistance, tutoring, leadership group sessions and activities. School Achiever programming takes place at Knapp and Julian Thomas Elementary Schools. This program runs Monday-Thursday when school is in session. YLA consists of three age-appropriate components: School Achievers for grades 2-5, Young Achievers for grades 6-8 and Teen Achievers for grades 9-12.

### **YOUNG AND TEEN ACHIEVER PROGRAMS**

Young and Teen Achievers take place at the George Bray Neighborhood Y Branch.

#### **Young Achievers**

Meets Mondays & Wednesdays.

#### **Teen Achievers**

Meets Tuesdays & Thursdays.

### **OPEN GYM HOURS**

**Adult Basketball:** Monday, Wednesday, Friday:

9:00am-12:30pm

**Youth Basketball:** Monday-Thursday: 3:00pm-6:00pm

### **DAILY MEAL PROGRAMS**

Free meals are served to the community Monday-Thursday. Meals are served from 4:00-6:00pm out of the George Bray Neighborhood YMCA Branch.

### **FACILITY RENTALS**

The George Bray Neighborhood Y Branch is available for rentals. The rental includes the use of a commercial kitchen and gymnasium. If you are interested in renting our space please contact Tanya at [twilliams@ymcaracine.org](mailto:twilliams@ymcaracine.org).

### **YLA SUMMER SESSION**

Young Leaders Academy Summer Session at Carthage College is offering daily instruction in core academic subjects, with enrichment activities, service projects and field trips. Transportation to Carthage College is provided. INTERESTED? Contact Tanya at [twilliams@ymcaracine.org](mailto:twilliams@ymcaracine.org)

**The George Bray Neighborhood Y Branch offers a safe place for children and families to interact for fun, games, educational activities and leadership programs.**

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